

Axial Spondyloarthritis: Burden of the Disease and Diagnosis

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Burden of the Disease in Patients with axSpA

Disease Manifestations in Patients with axSpA



1st symptom in 75% patients



Inflammatory characteristics (70%)



Peripheral arthritis ~40%^{1,2}



Enthesitis ~25%³



Dactylitis ~6%⁴



Uveitis 30–40%^{4,5}

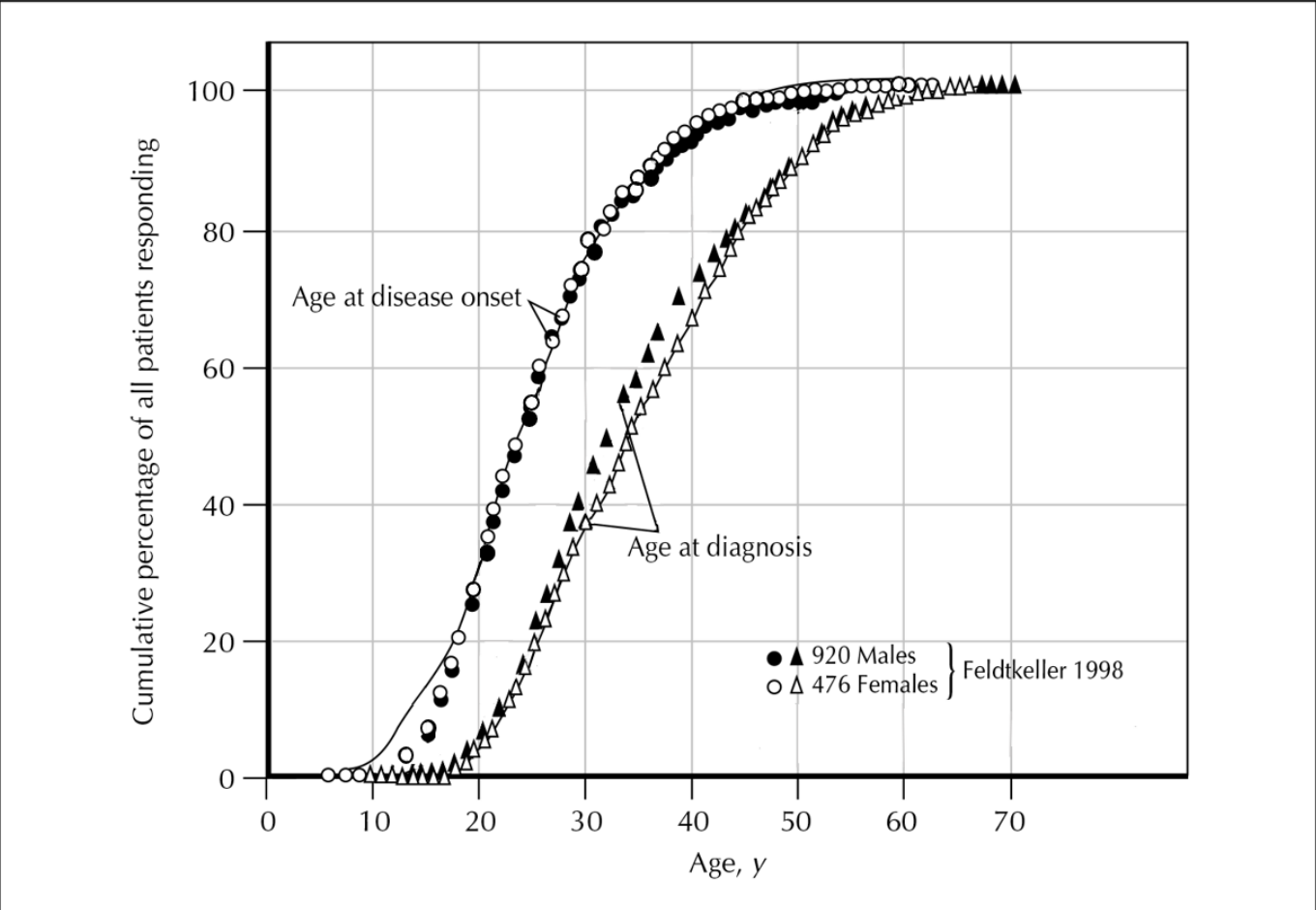


IBD 5–10%^{4,6}

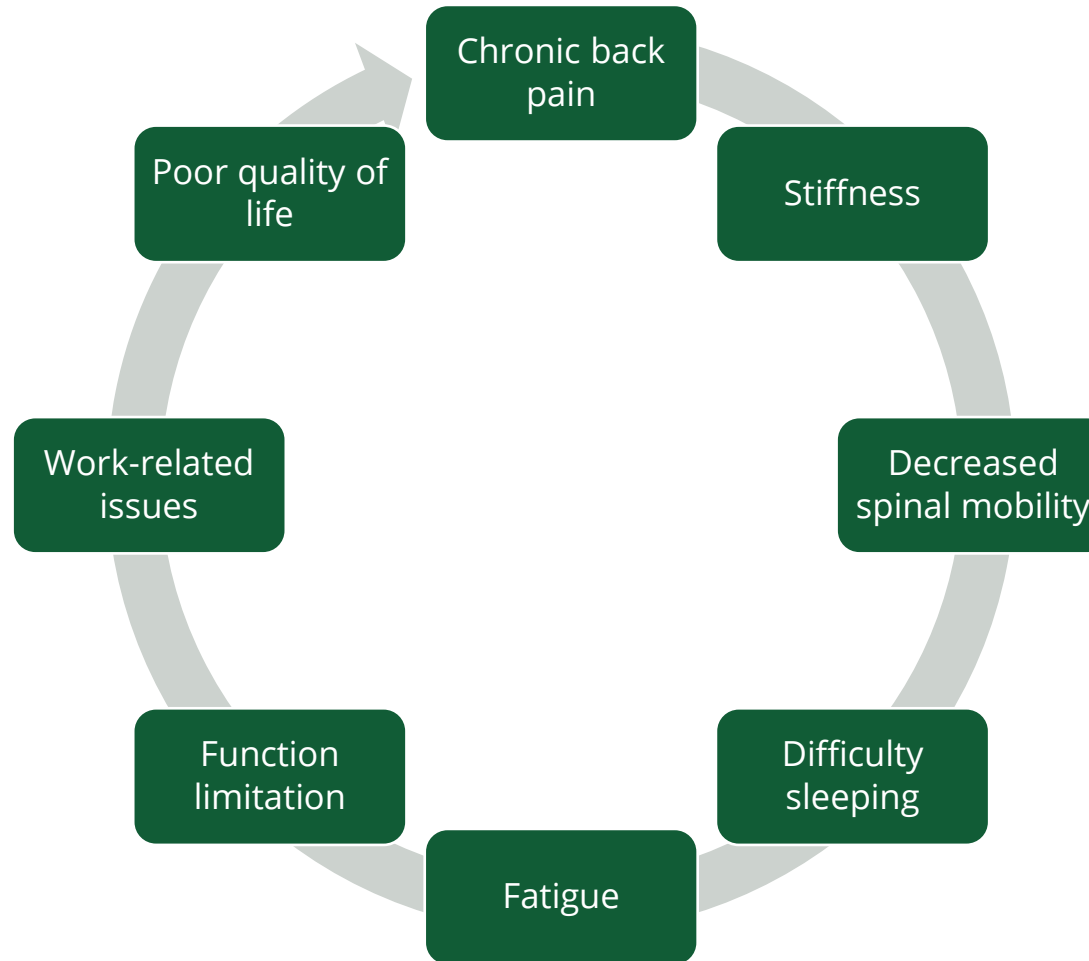


Psoriasis ~10%⁶

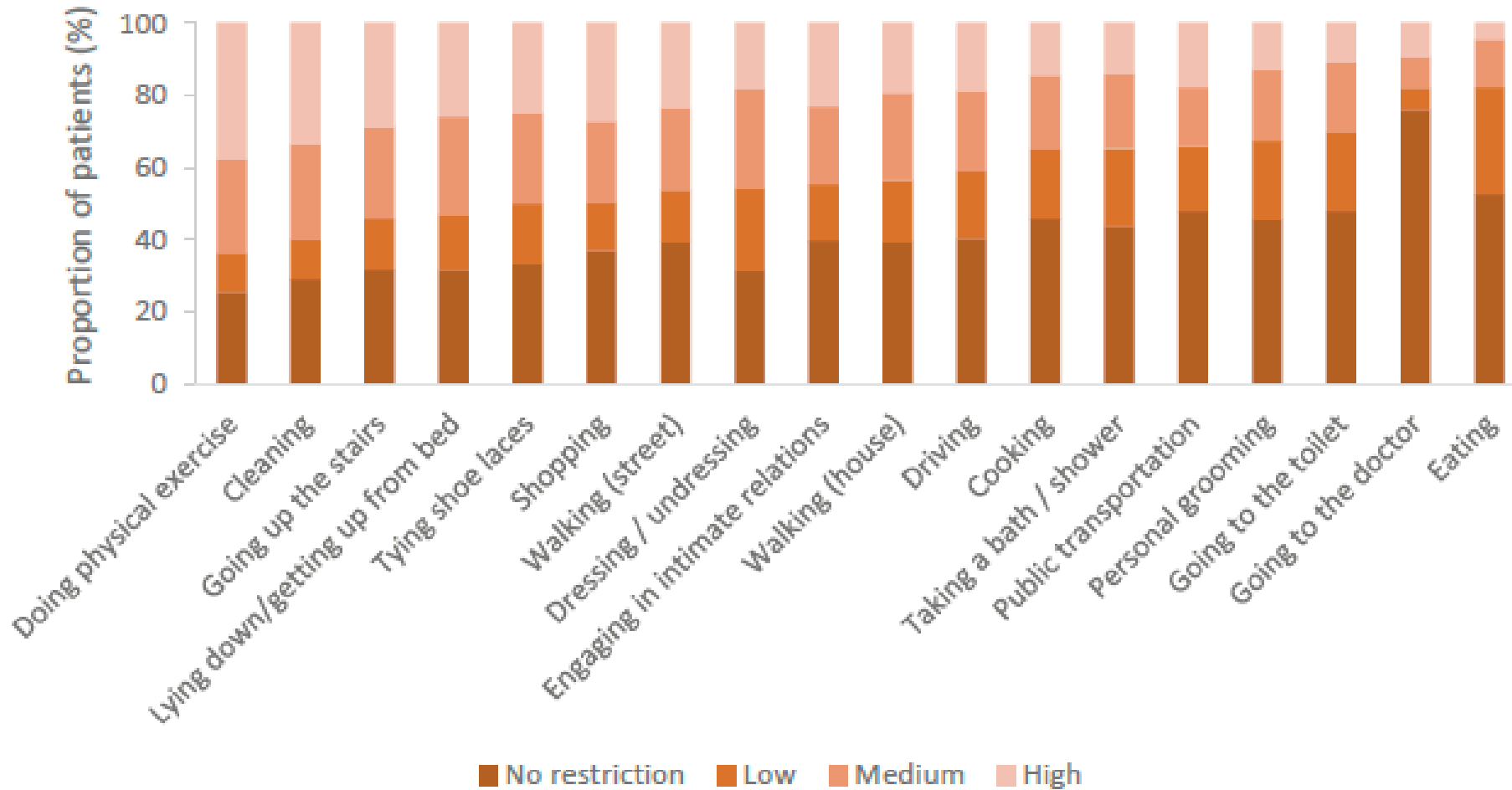
Age at First Symptoms in axSpA



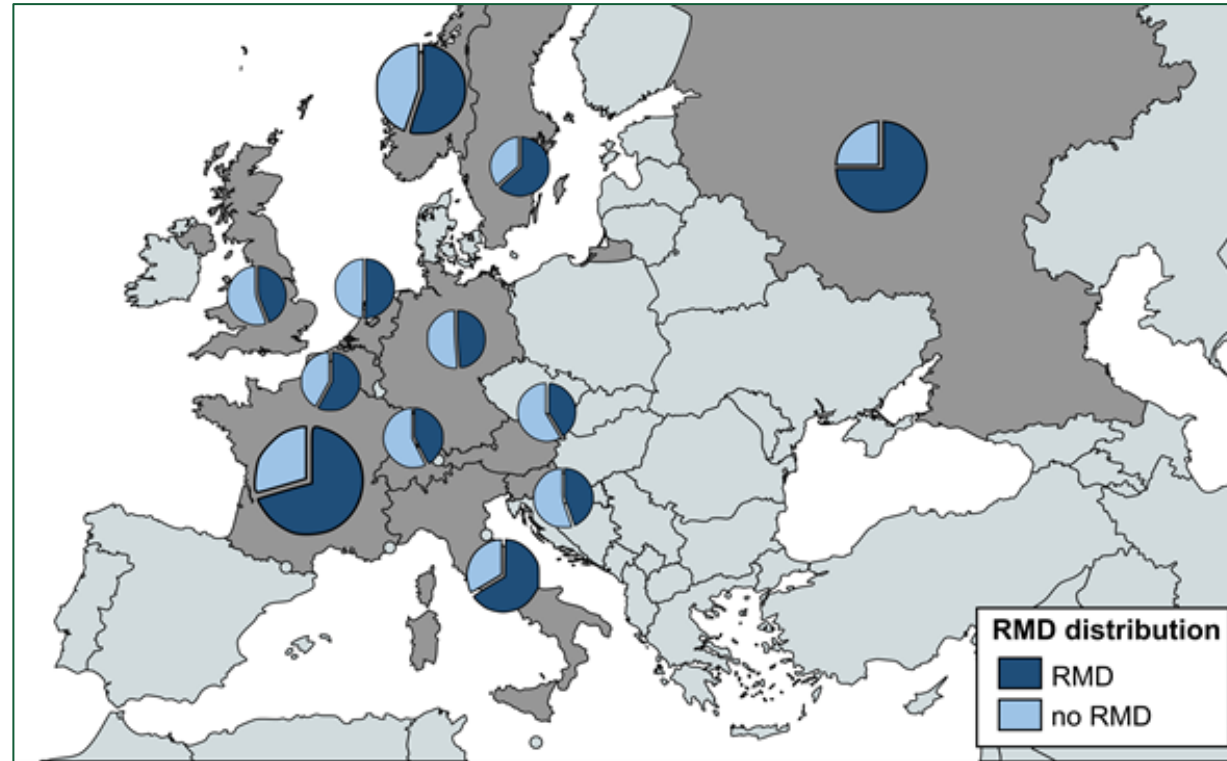
Patients with axSpA Experience Substantial Burden of Disease



Overall Functioning Limitations

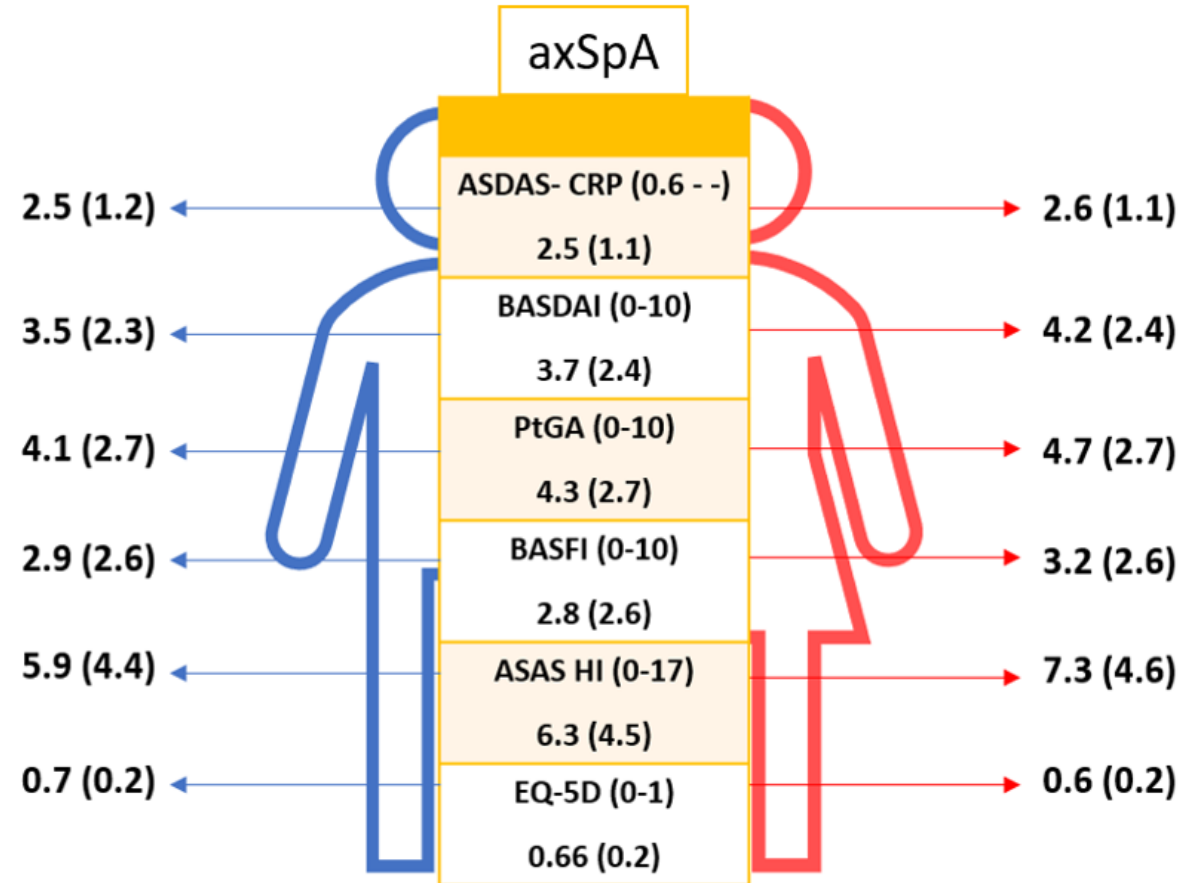


Risk of Mental Disorder



Compared with the general population, patients with axSpA show disproportionately worse mental health. 60.7% of patients reported risk of mental disorder (GHQ > 3), associated with disease activity, reported depression, anxiety, being unemployed or on sick leave, functional limitation and younger age.

Patient Reported Outcomes in Males vs Females



Unmet Needs in axSpA: Diagnosis!

ASAS Quality Standards for axSpA: Referral and Diagnosis

< 3 days

QS1. Referral
(suspicion of axSpA)

< 3 weeks

QS2. Time to specialist
(rheumatologist and health professionals)

< 2 months

QS3. Assessment
(history taken, lab, imaging)

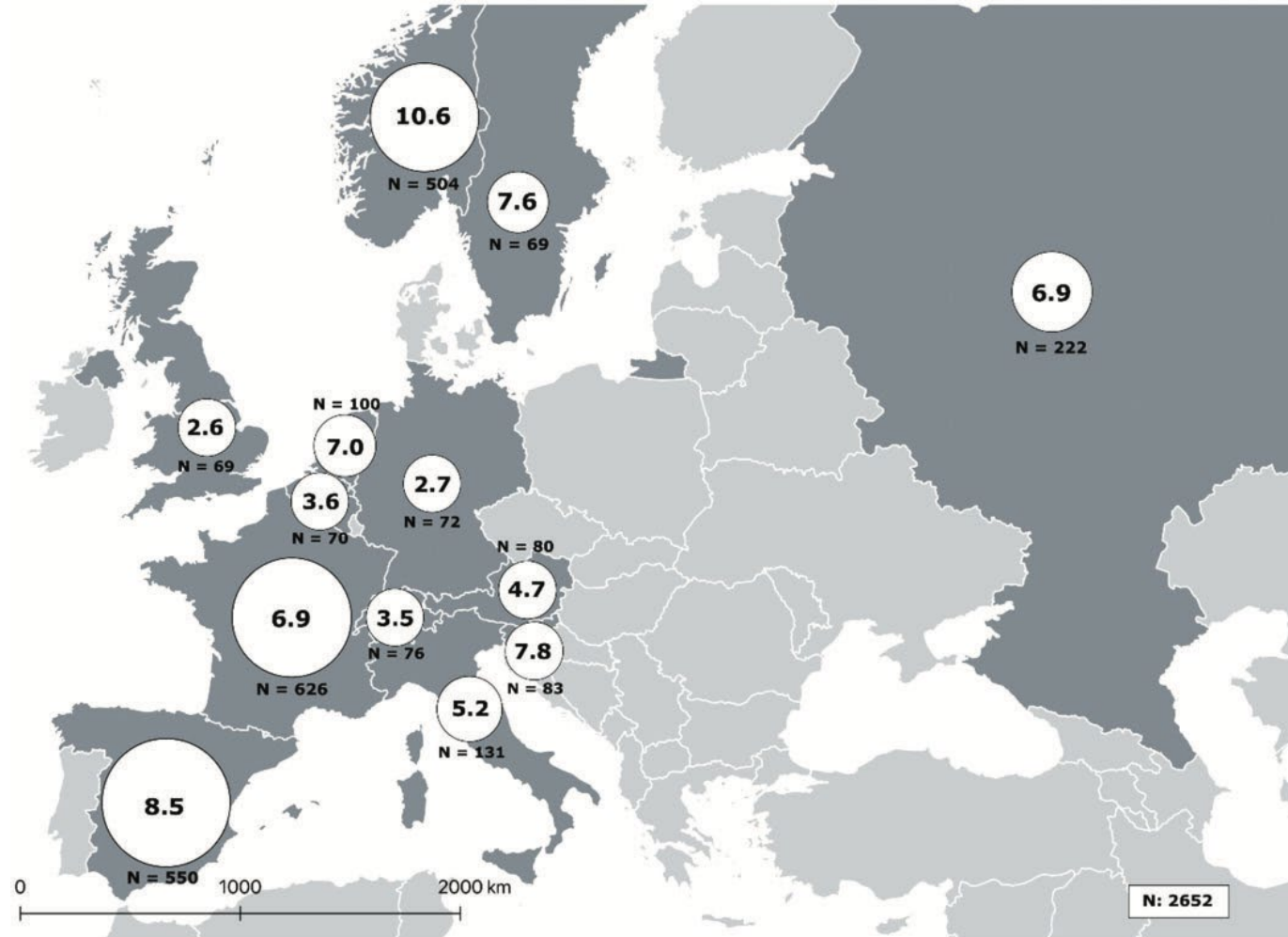
DIAGNOSIS



YOU
are
HERE

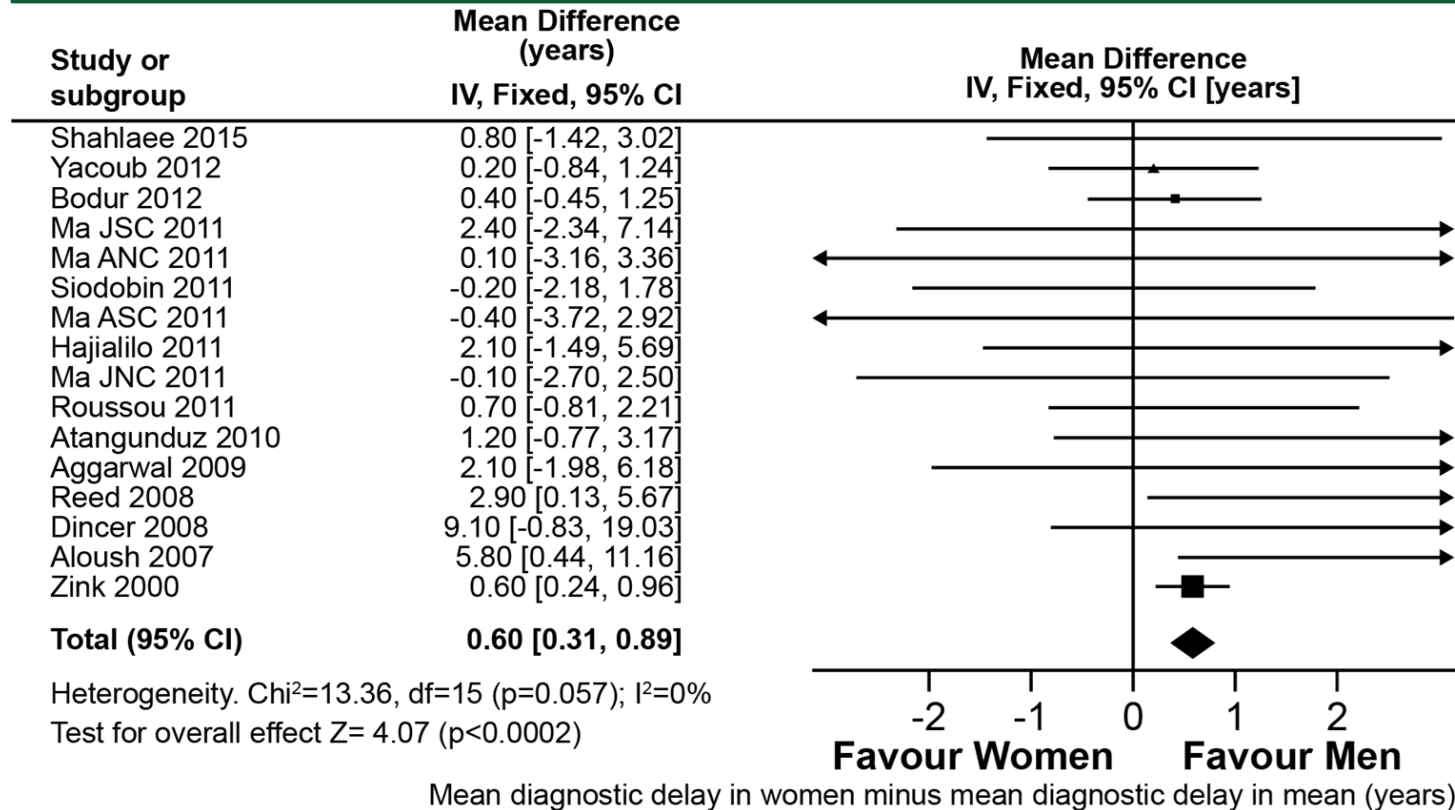
(FOR NOW)

Diagnostic Delay: Data from the European Map of Axial Spondyloarthritis (EMAS): 2652 Patients Across 13 Countries



Female Patients with axSpA Have Longer Diagnostic Delay

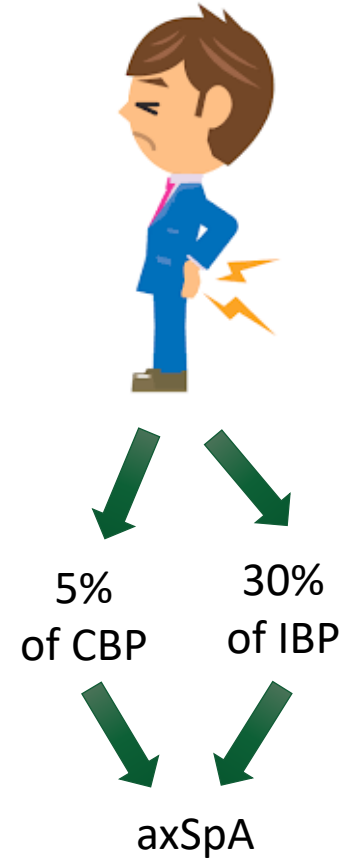
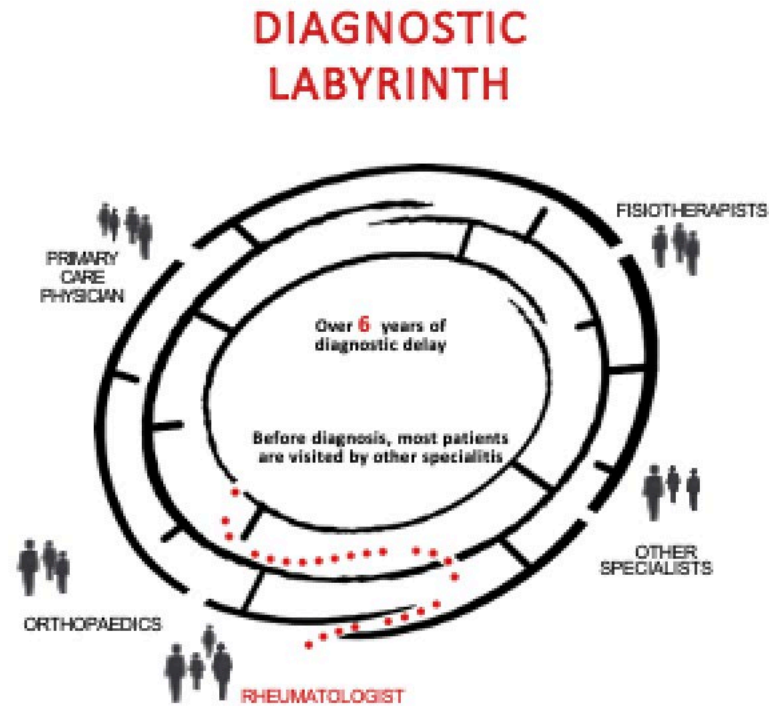
Delay in women 8.8 years (7.4–10.1) vs. men 6.5 years (5.6–7.4), p=0.01



On average, it takes **7-22 months longer to diagnose a female** compared to a male spondyloarthritis patient

axSpA: axial spondyloarthritis, CI: confidence interval, df: degree of freedom

Reasons for Diagnostic Delay



Associated Factors with Longer DD in Females: Medical Bias

n (%)	Females (n=54)	Males (n=96)
First correct diagnosis	6 (11.1)	29 (30.2)
One previous diagnosis	23 (42.6)	35 (36.5)
Two previous diagnoses	15 (27.8)	16 (16.7)
Three previous diagnoses	5 (9.3)	4 (4.1)
Four previous diagnoses	2 (3.7)	0
Five previous diagnoses	1 (1.9)	3 (3.1)
Don't know/No answer	2 (3.7)	9 (9.4)

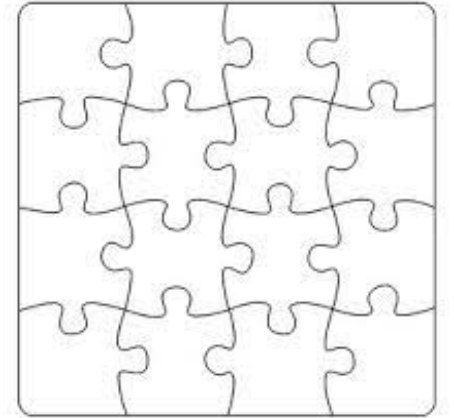
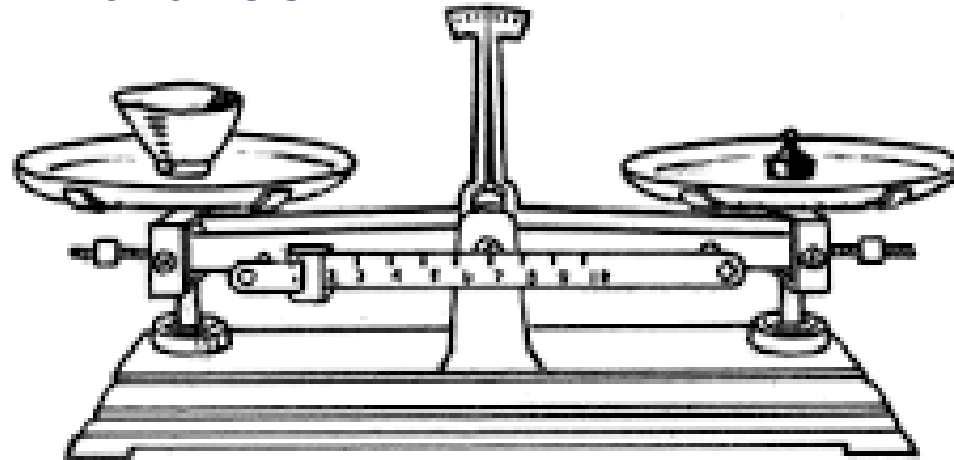
This study confirms the existence of gender bias in the medical care of spondyloarthritis, defined as the differential medical management and treatment of men and women.

Diagnosis of axSpA



SpA key features
Biomarkers

Imaging



Degree of certainty

thepersoflearninglanguages.wordpress.com

Sure it did not happen.



Sure it happened.

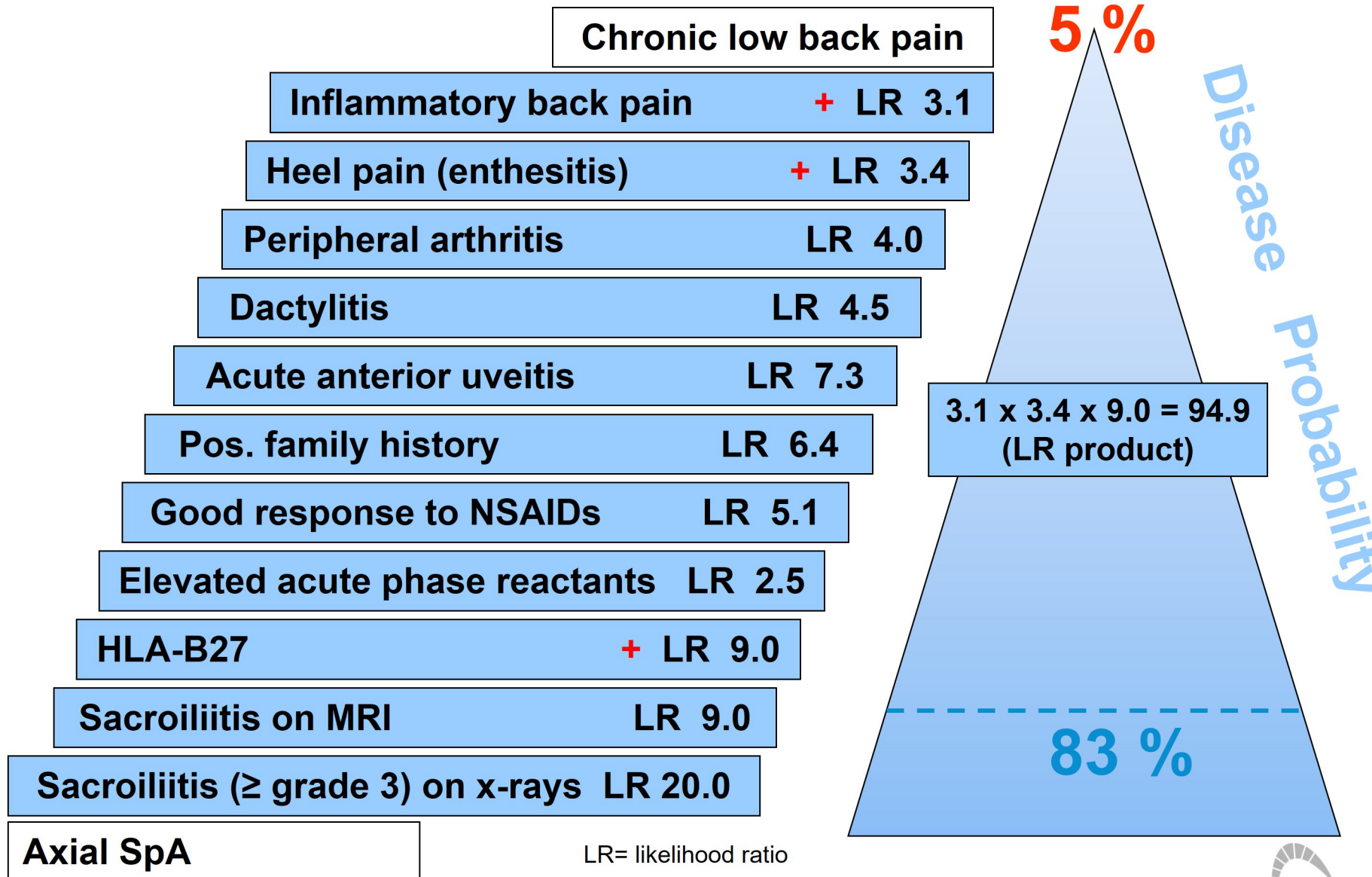
Not quite sure, it is possible.

CAN'T

MUST

MAY, MIGHT, COULD

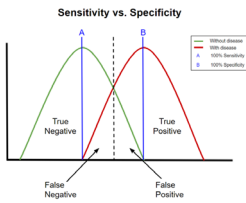
Diagnostic Pyramid for Axial Spondyloarthritis



Modified from: Rudwaleit M et al. Arthritis Rheum 2005;52:1000-8



No Gold Standard Test for Diagnosis



HLA-B27



Percentage Prevalence of HLA-B27 in Various Populations of the World



Khan MA Curr Opin Rheumatol 1995;7:263-9
 Khan MA J Clin Rheumatol 2008;14:50-2
 Khan MA. In Mehra N (Ed). The HLA Complex in Biology and Medicine. New Delhi, India 2010; 422-46.
 Reveille J et al. Arthritis Rheum 2012;64:1407-11



- 70-90%
- General population (0-50%)

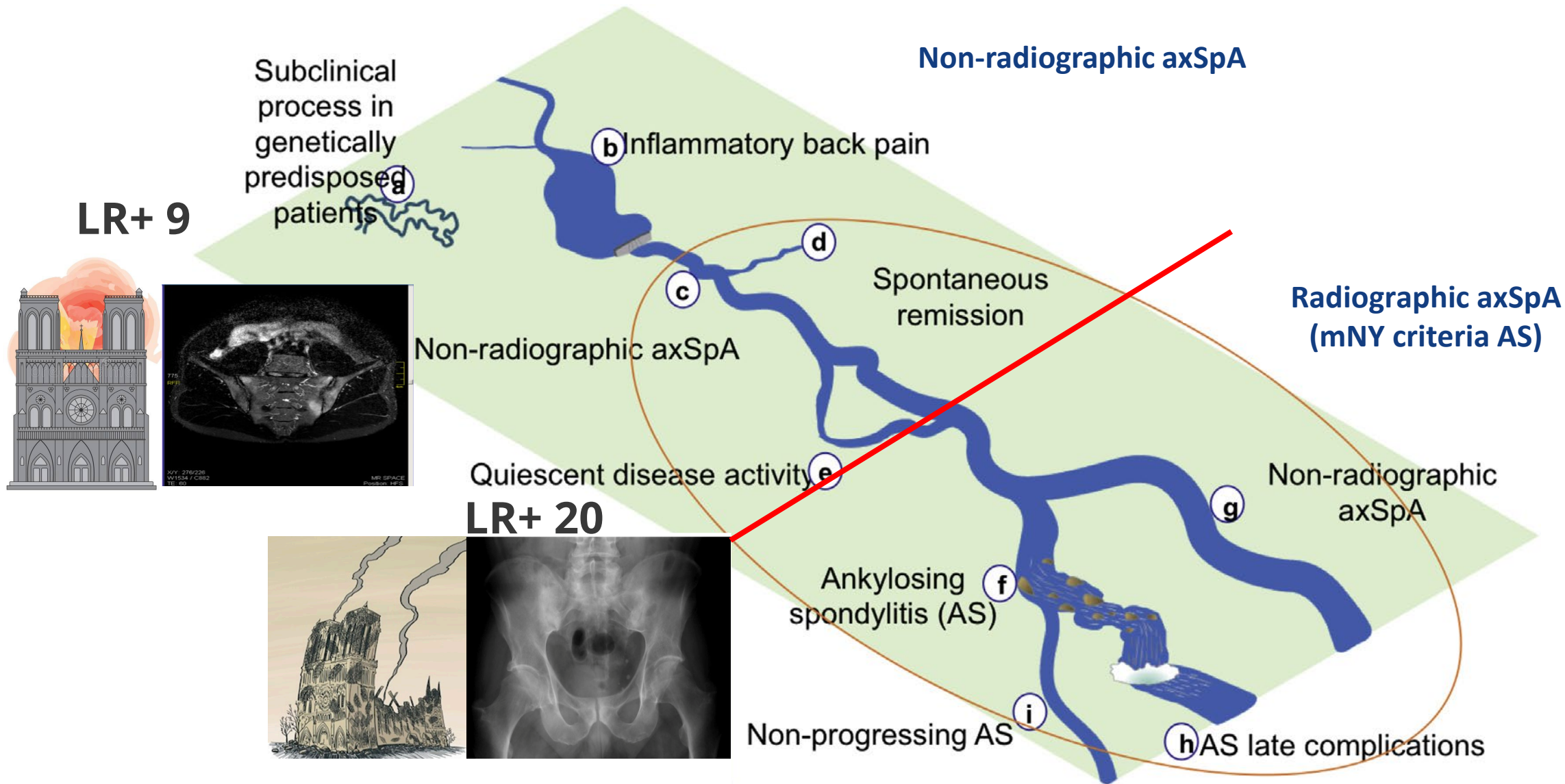
CRP/ESR



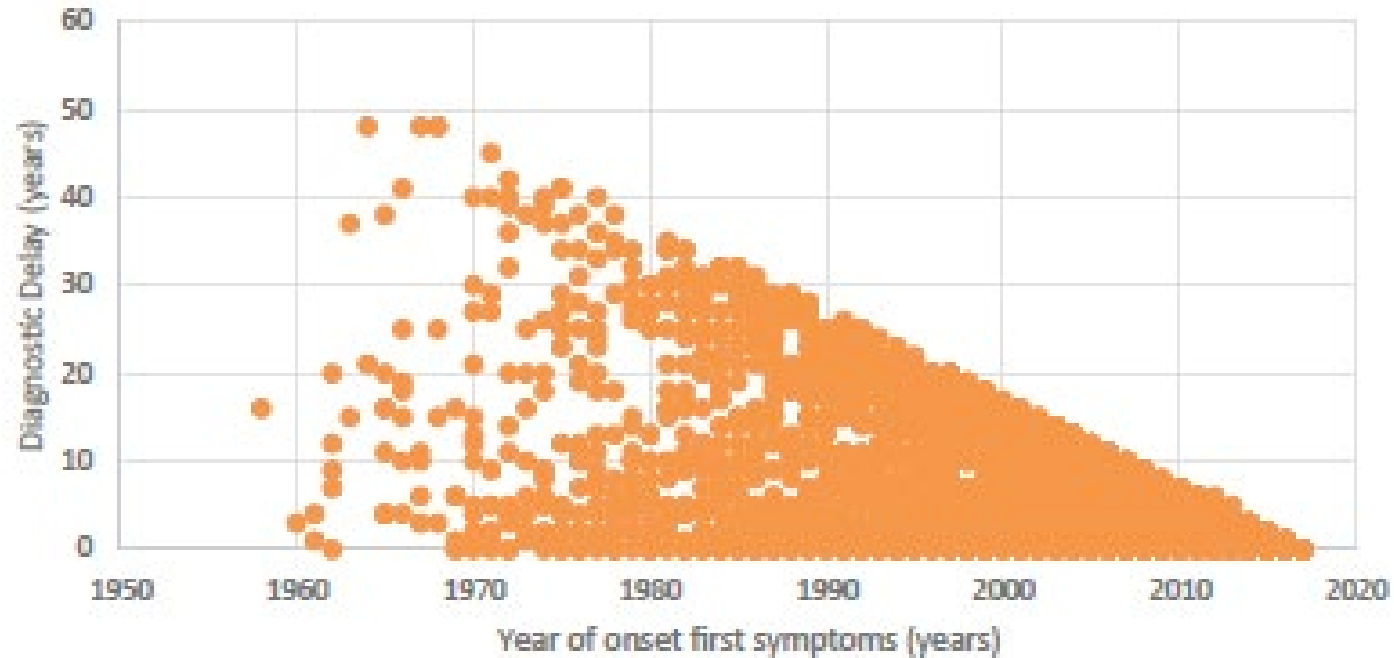
- Up to 40%
- Not very sensitive

Imaging

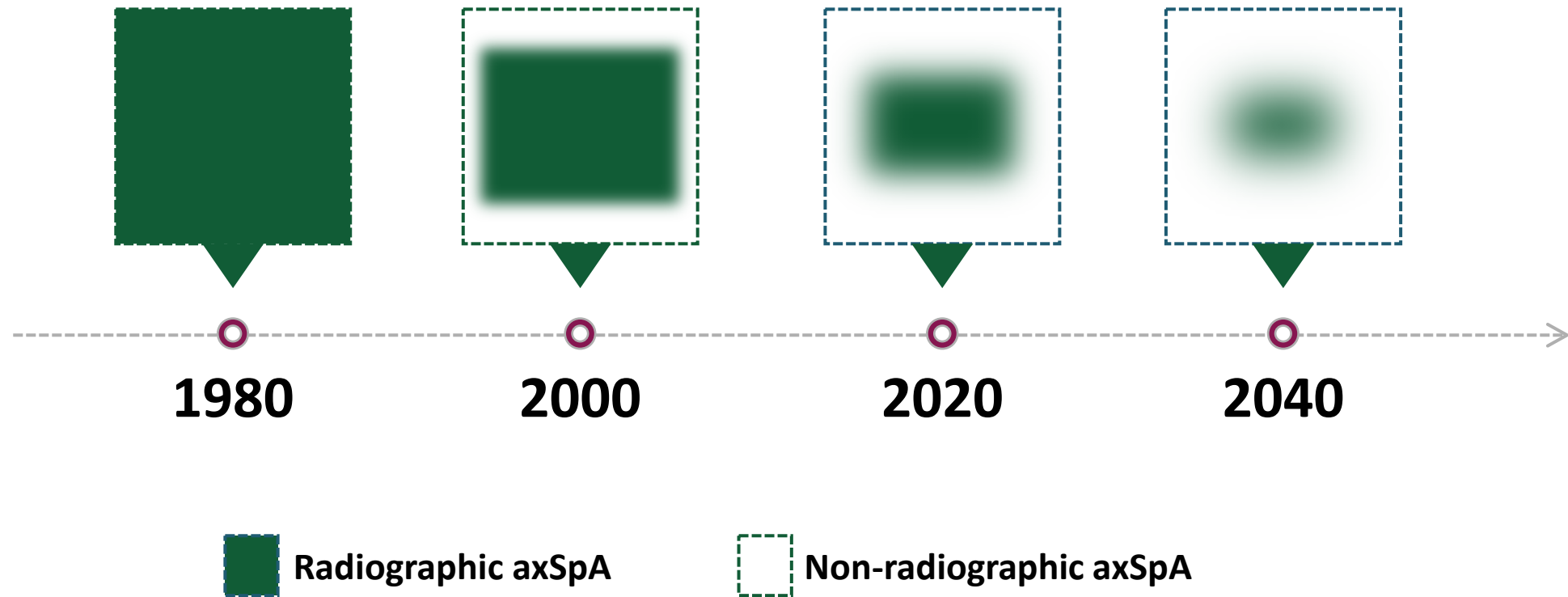




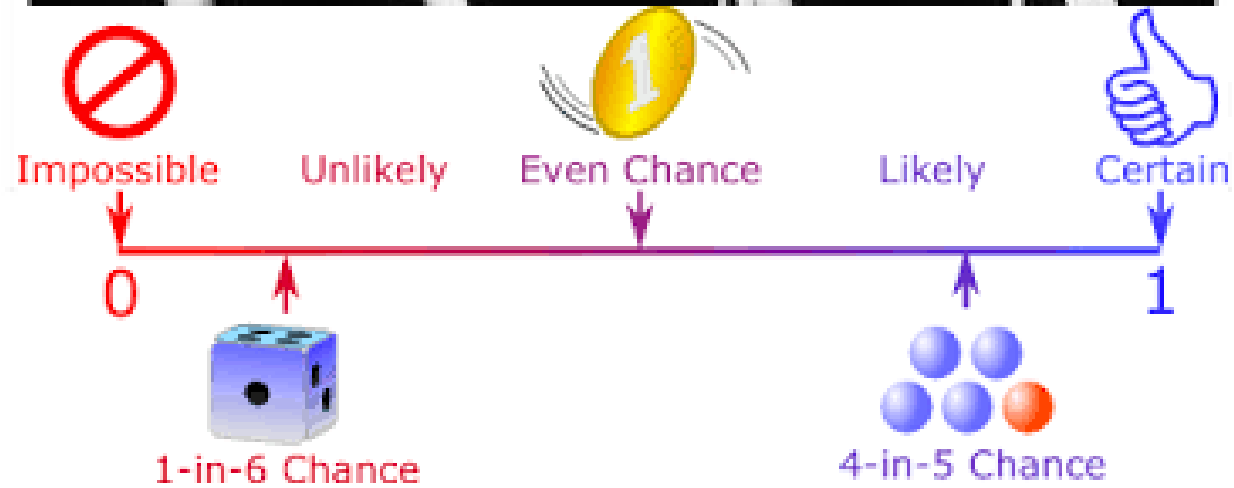
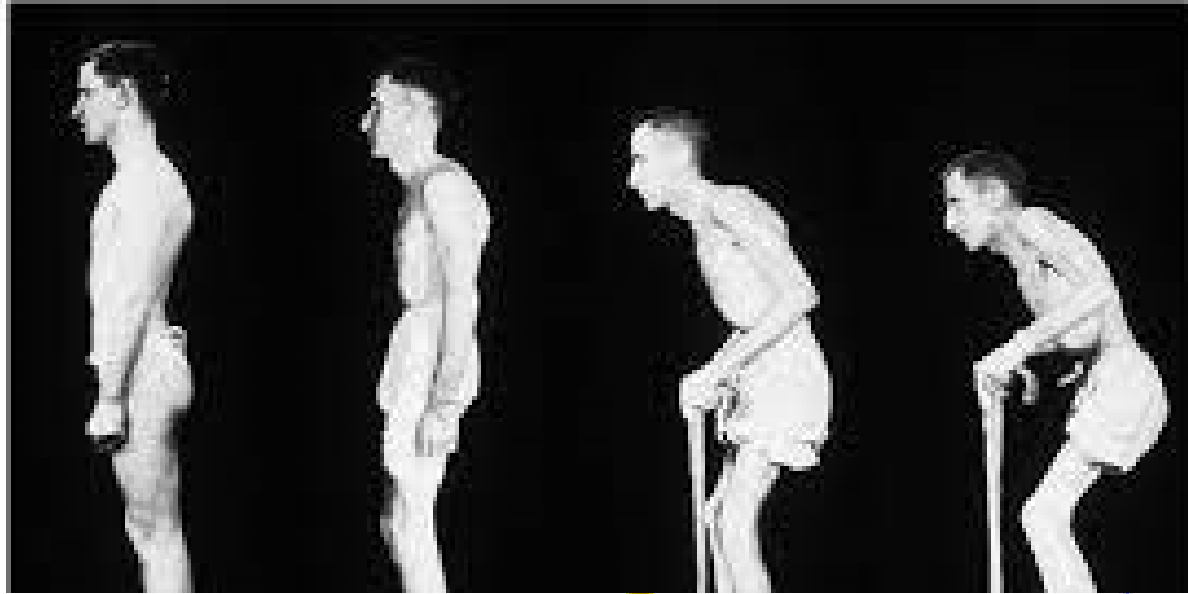
Diagnostic Delay is Decreasing Overtime



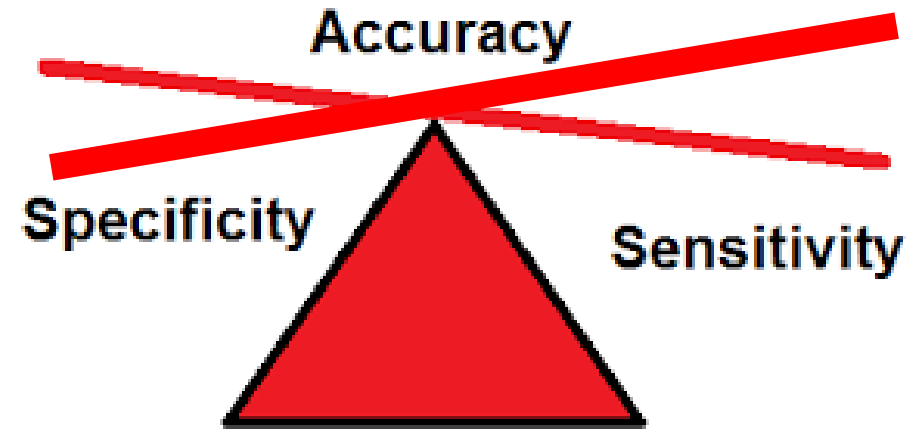
Distribution of axSpA subtypes at Diagnose



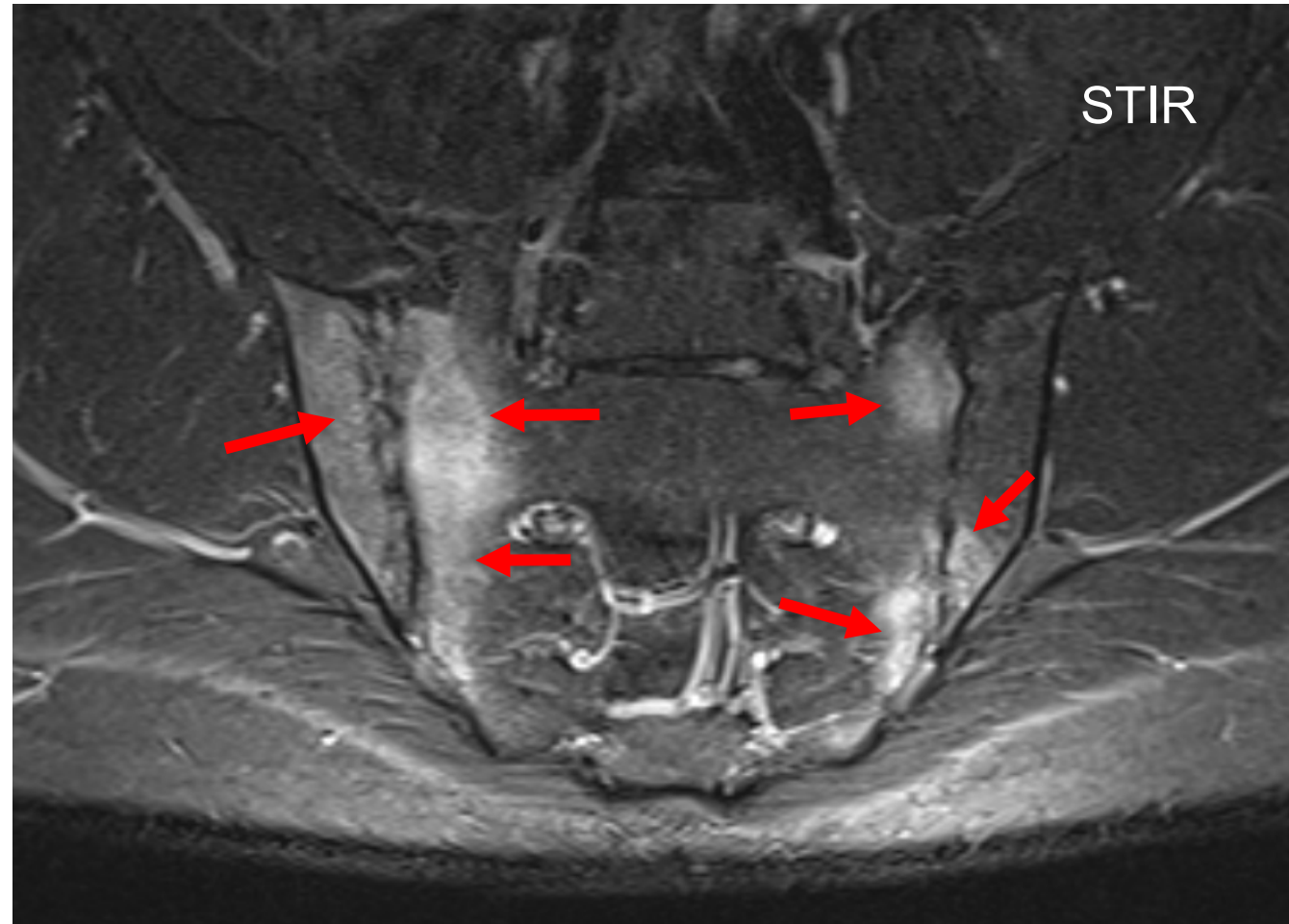
Certainty around Diagnose



Use of MRI of Sacroiliac Joints to Diagnose axSpA



Active Sacroiliitis











Arrows indicate subchondral bone marrow oedema

1. ASAS definition of positive MRI for the classification of SpA (figures 1A–C and 2)^{3 4}: MRI evidence of bone marrow inflammation must be present, and the features required for the definition of active sacroiliitis on MRI are as follows:
- BME on a T2W sequence sensitive for free water (eg, STIR and T2FS) or bone marrow contrast enhancement on a T1W sequence (eg, T1FS post-Gd). BME is depicted as a hyperintense signal on STIR images and usually as a hypointense signal on T1 images. A hyperintense signal on contrast-enhanced, T1-weighted, fat-saturated images (T1 post-Gd) reflects increased vascularisation and is referred to as osteitis. The sacral interforaminal bone marrow signal forms the reference for assignment of normal signal in the bone marrow.⁷
 - Inflammation must be clearly present and located in a typical anatomical area (subchondral bone).
 - MRI appearance must be highly suggestive of SpA.



Presence and Factors Associated with BME on SIJ and Spinal MRI in General Population

	N	MRI-SI positive
de Winter et al, Arthritis Rheumatol 2018;70:1042-8		
Healthy controls 	47	23%
Frequent runners 	24	13%
Postpartum women 	7	57%
Weber et al, Arthritis Rheumatol 2018;70:736-45		
Hockey players 	22	35%
Recreational runners (before running) 	20	30%
Recreational runners (after running) 	"	41%
Varkas et al, Rheumatology (Oxford) 2018;57:508-13		
Military recruits (before training) 	22	23%
Military recruits (after training) 	"	36%

793 volunteers being <45 years

Predictors of BME on MRI-SIJ:

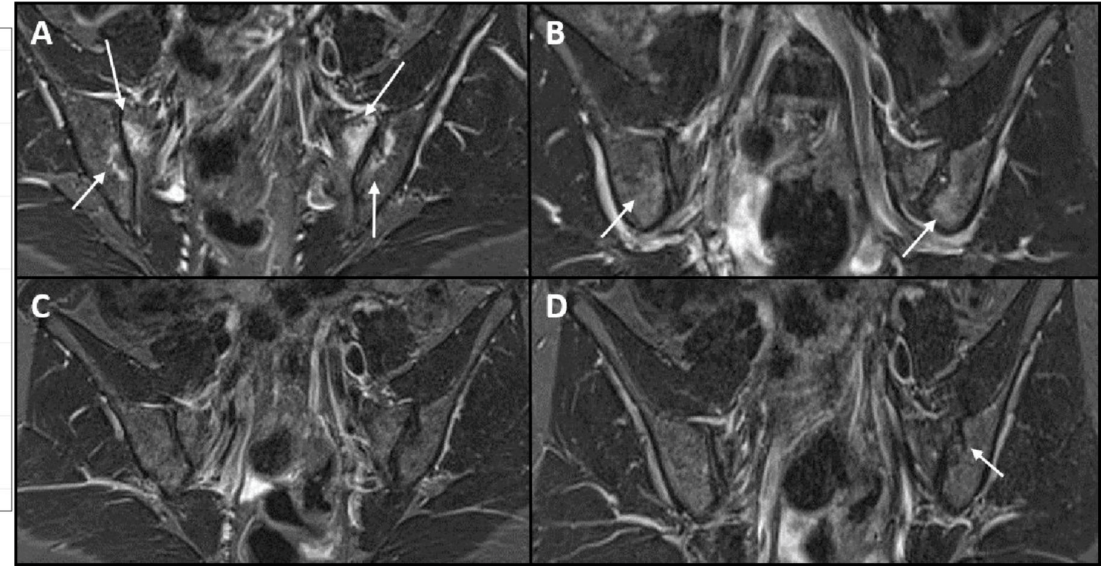
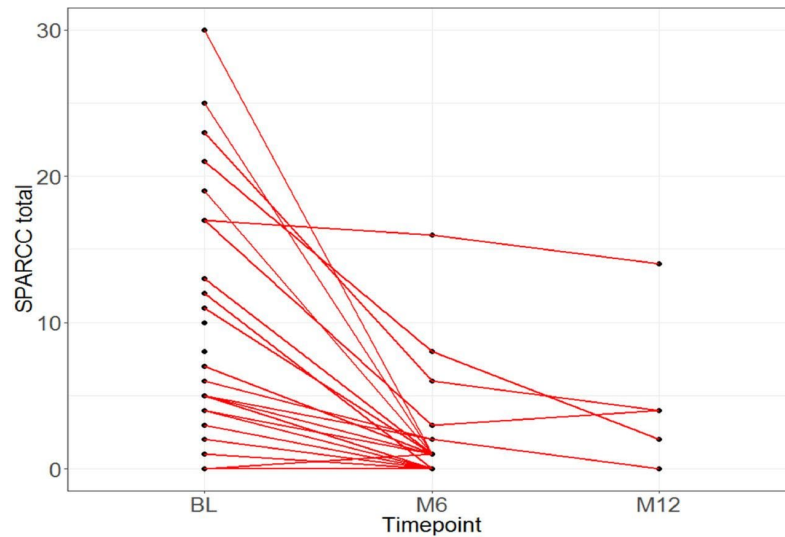
- HLA-B27+
- Delivery during the last year
- Back pain in the last 3 months

Predictors of BME on MRI-spine:

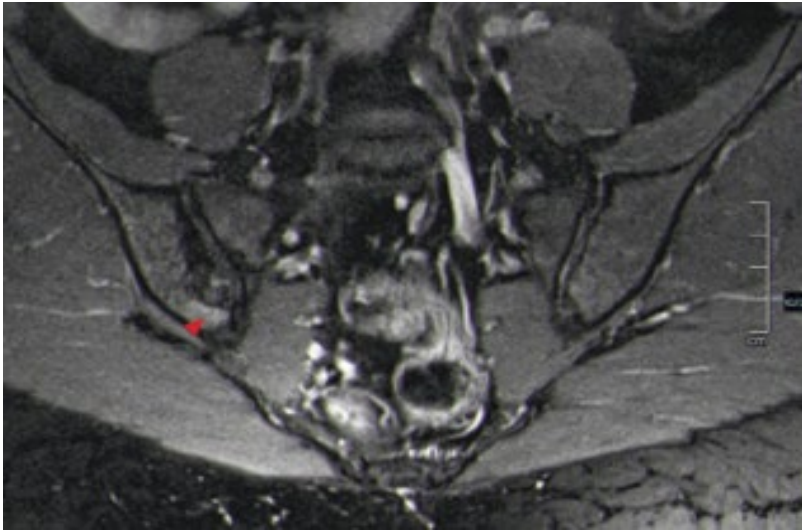
- Age
- Physically demanding work

Recent data highlight the importance to consider the appropriate context and differential diagnosis when interpreting imaging findings during the diagnostic work-up of patients with suspected axSpA.

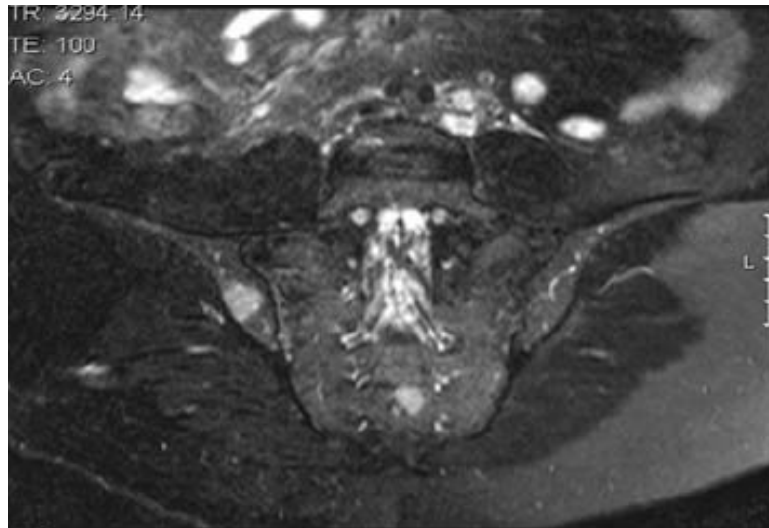
Postpartum BME



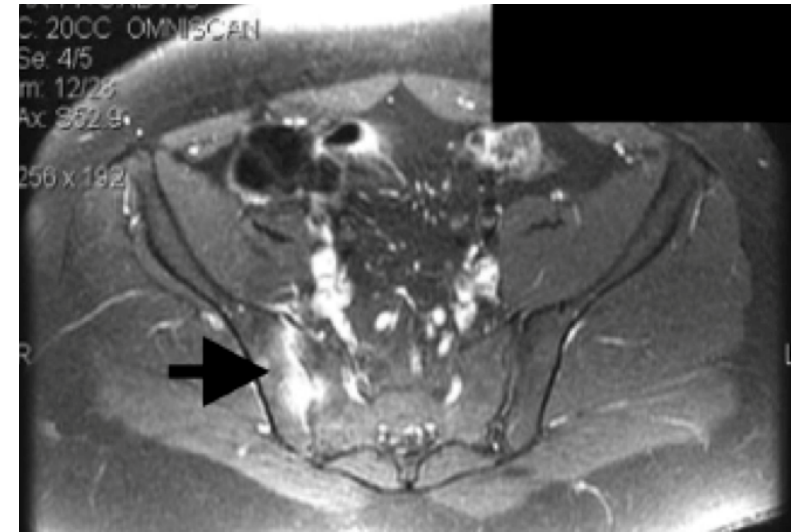
- A significant proportion of the women even fulfilled the ASAS definition of a positive MRI for sacroiliitis.
- These MRI findings decrease over time, even though a fraction retains BMO over 1 year. When suspecting axSpA, our data indicate the need to wait at least 6 months to perform an MRI-SIJ in postpartum women, and, if positive, repeat the MRI after 12 months.



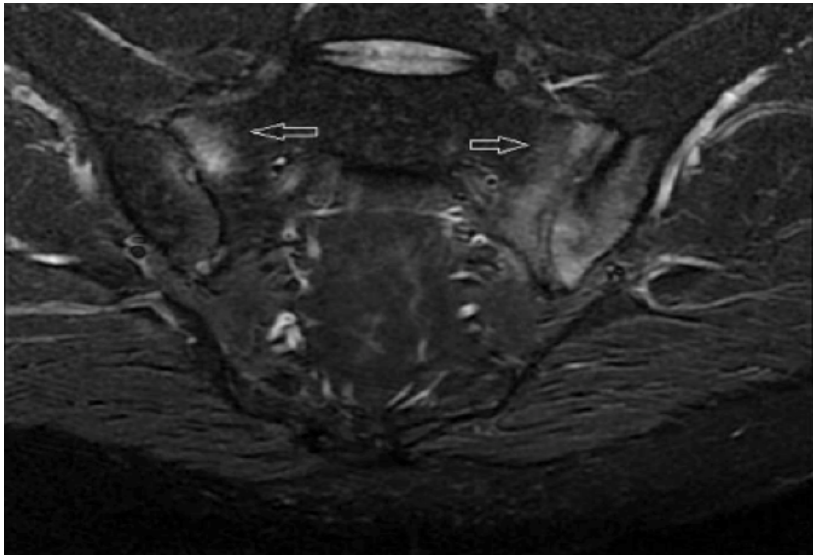
Osteitis Condensans Ilii



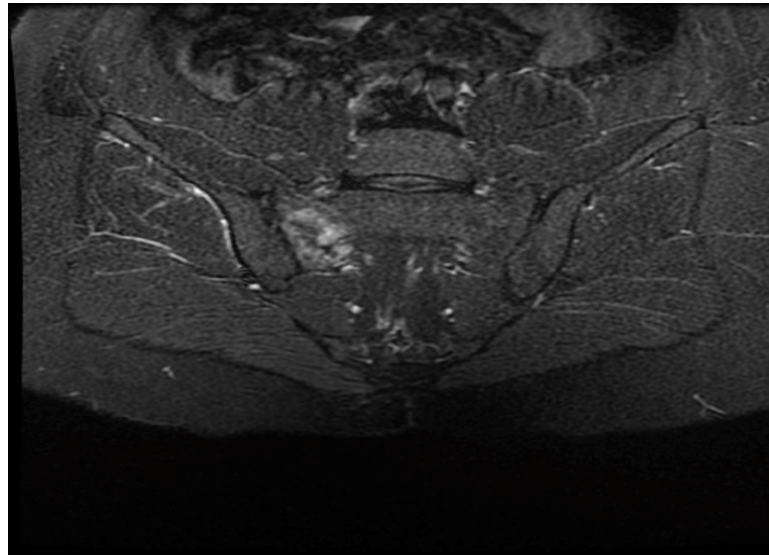
Sarcoidosis



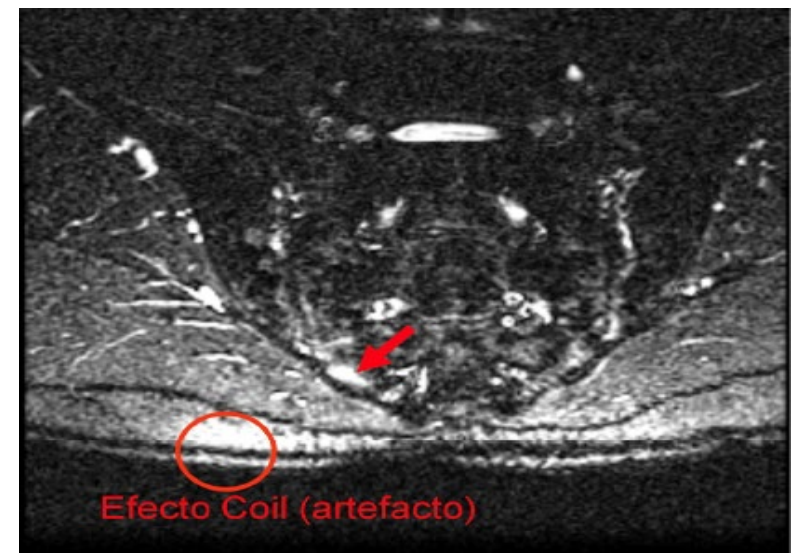
Brucellosis



Gout

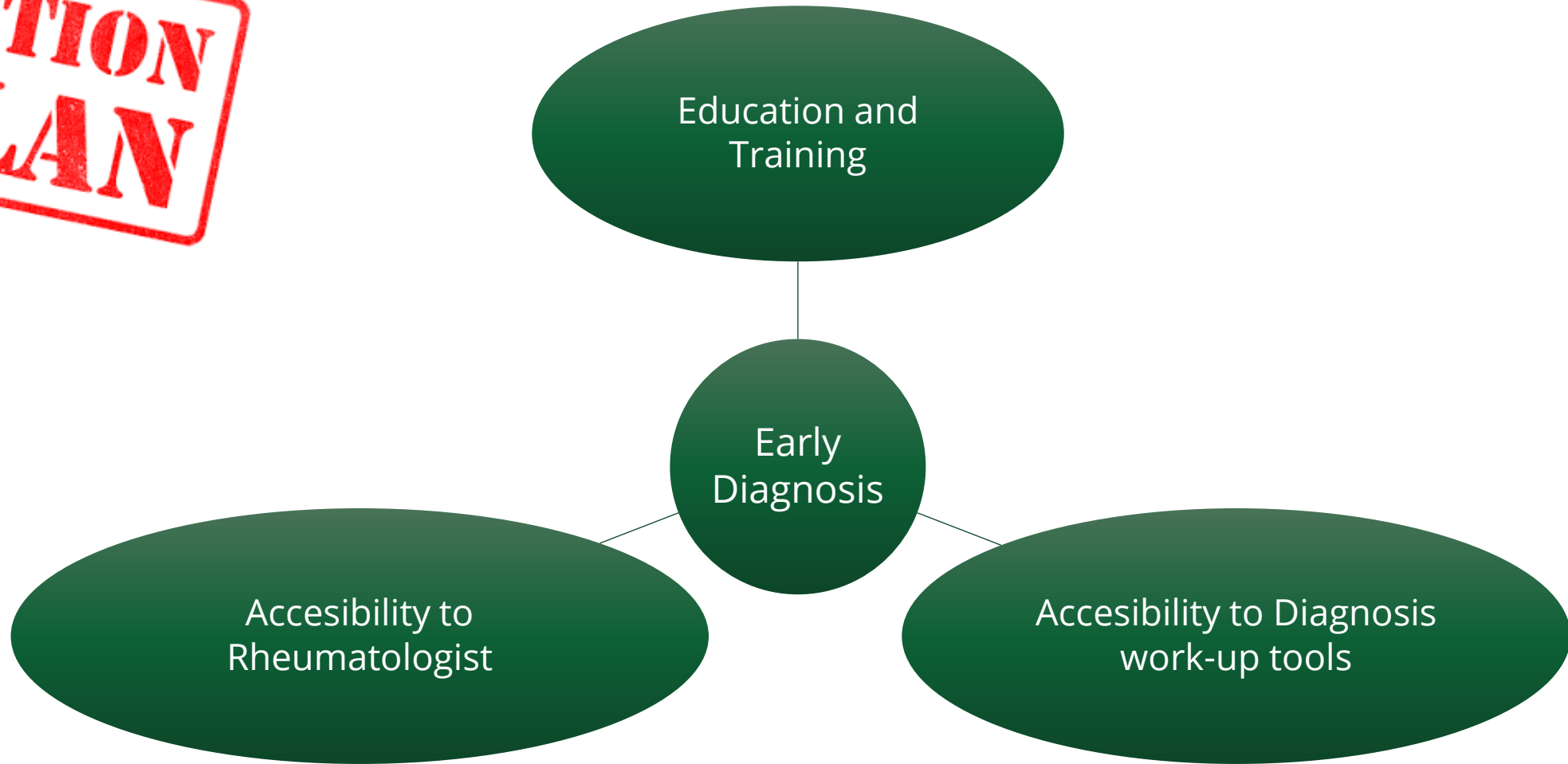


Stress fracture



Artefact

**ACTION
PLAN**



Increase Awareness



- Gastroenterologists
- Ophtalmologists
- Dermatologists

Accessibility to Rheumatology Department

- Other healthcare stakeholders

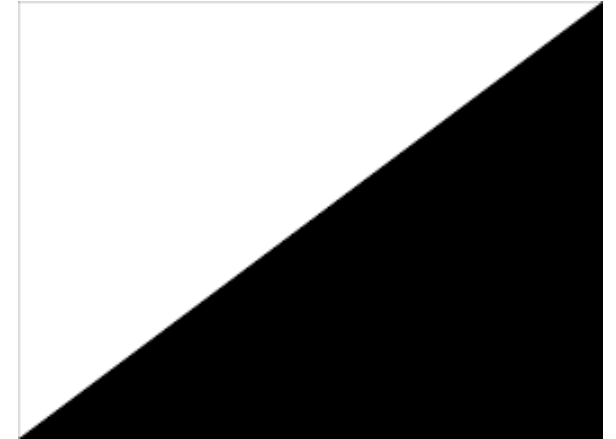


Accessibility to Imaging Improving Skills on Interpretation



"You see, Ms. Jenkins, by doubling up on patients in the MRI, we're able to cut costs in half, thereby passing the savings on to you."

Developing More Specific Tests





Conclusions

- AxSpA usually begins in the third decade of life, which is a very active period in occupational, social and economic spheres. As a consequence, axSpA is associated with a high burden of the disease.
- A timely diagnosis is a very relevant unmet need in axSpA. The earlier the diagnosis, the more challenging and uncertain can be.
- All, clinical history, complementary examinations and especially clinical reasoning should be considered.
- Interpretation of imaging both xRay and MRI is an indispensable skill for diagnosis of axSpA.
- Further strategies should be implemented to:
 - Increase awareness of the disease among general population and other health care providers
 - Educate rheumatologists and radiologists on the use and interpretation of imaging techniques

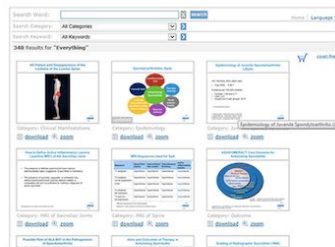
Resources

<https://www.asas-group.org/education/asas-slide-library/>

<https://www.asas-group.org/education/asas-case-library/>

The screenshot shows a web browser window with the URL <https://www.asas-group.org/education/asas-slide-library/>. The ASAS logo is visible in the top left corner. A navigation menu includes: News, About ASAS, Members, Meetings, Education, Clinical Instruments, and Research. The page title is "ASAS Slide Library". Below the title, there is a search bar and a grid of slide thumbnails. The thumbnails include a human figure, a diagram of the spine, and various charts and graphs.

ASAS Slide Library



The slides included in this ASAS slide library are selected by ASAS members to give a broad overview of the various aspects of spondyloarthritis (SpA). We hope that these will be used widely to educate all health professionals caring for patients with SpA.

There are ten sections:

The screenshot shows the top navigation bar of the ASAS Case Library website. The ASAS logo is on the left. The navigation menu includes: News, About ASAS, Members, Meetings, Education, Instruments, Research, and a Logout button. The page title is "ASAS Case Library".

ASAS Case Library

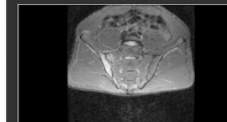


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ASAS Online Case Library

Show case number Show diagnosis



ASAS Case 01



ASAS Case 02



ASAS Case 03



ASAS Case 04



AxSpA: a patient-based approach to diagnosis and treatment, with a specific focus on gender and the elderly

RHEUMAZENTRUM RUHRGEBIET 

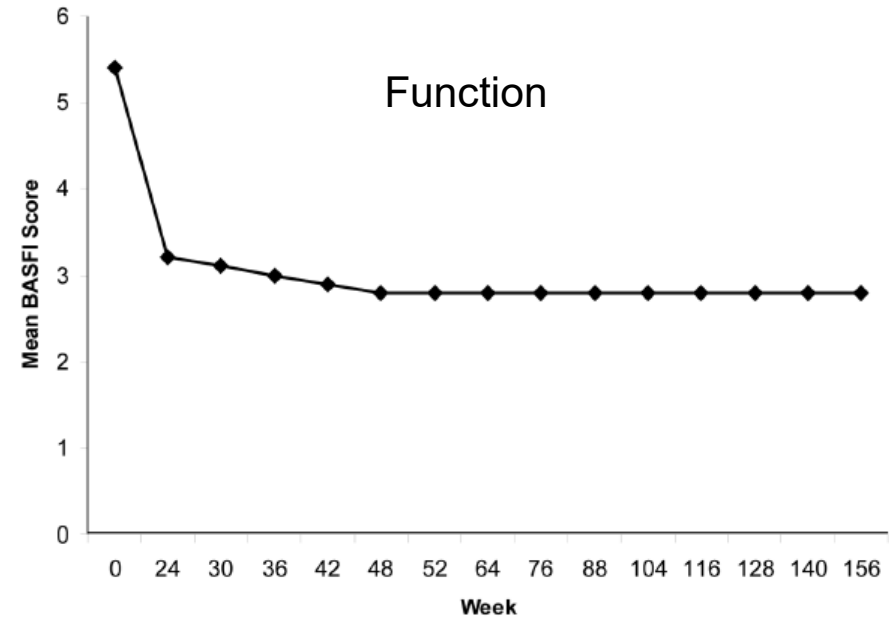
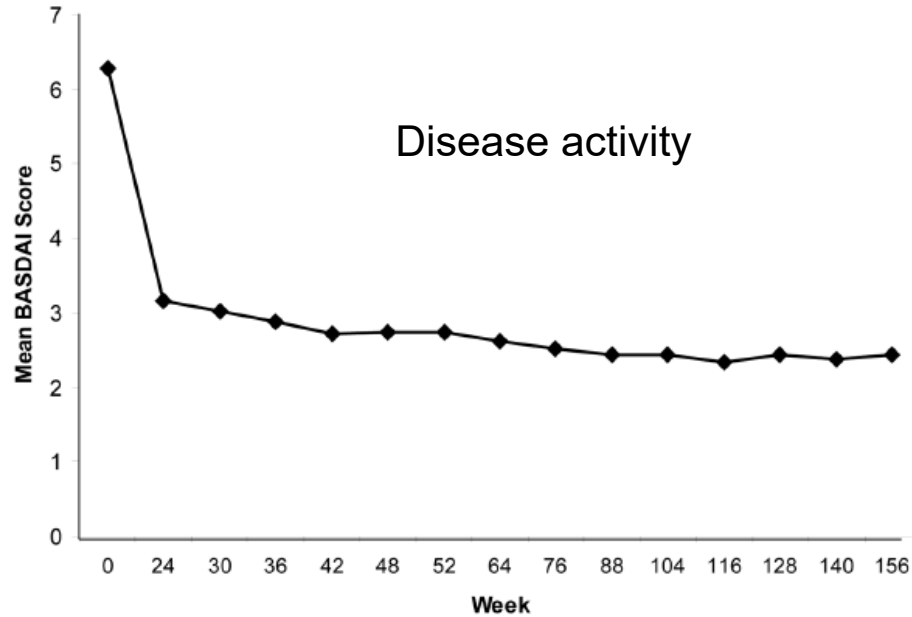


Xenofon Baraliakos
Rheumazentrum Ruhrgebiet Herne
Ruhr-University Bochum
Germany

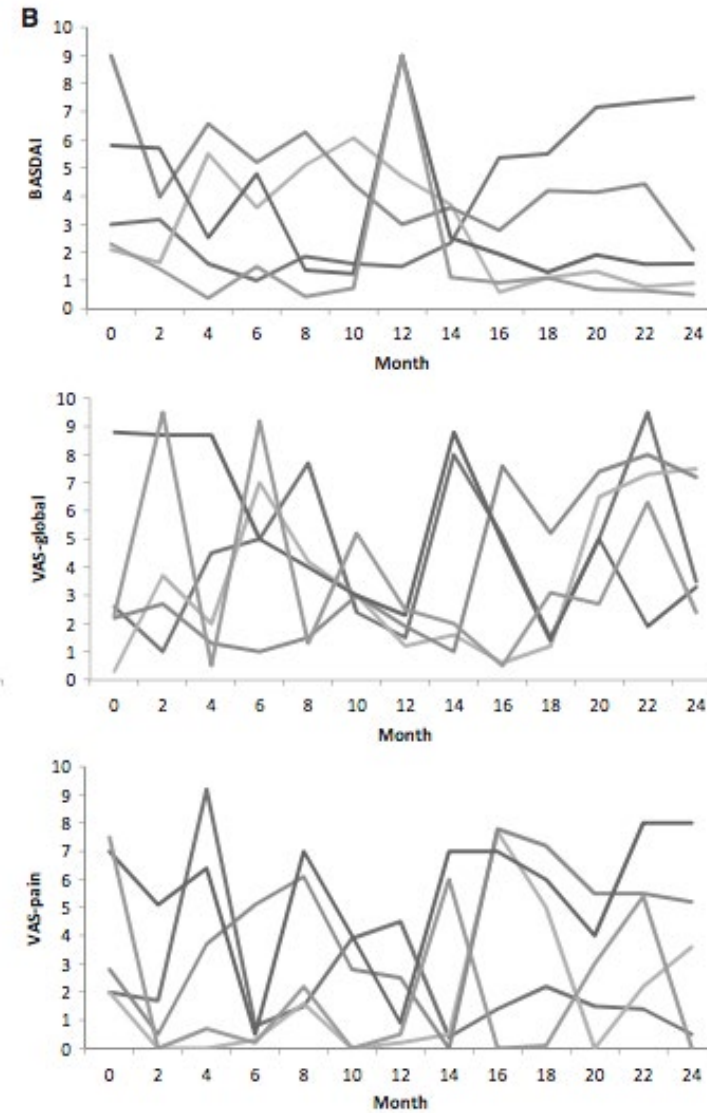
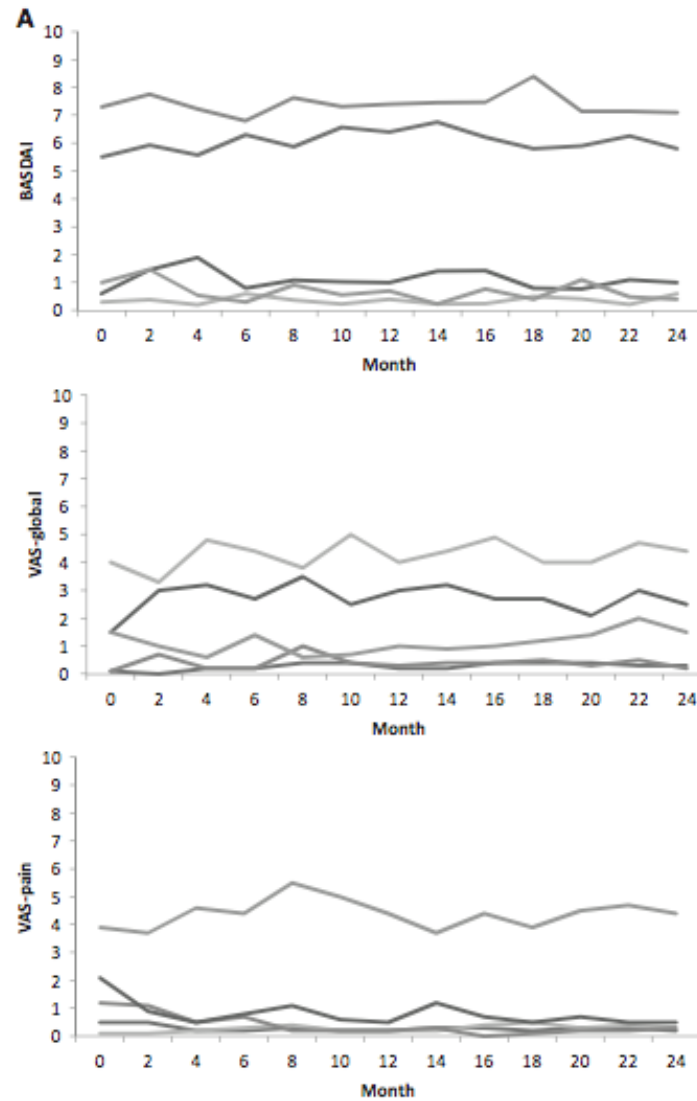
RUHR
UNIVERSITÄT
BOCHUM

RUB

Measurement of treatment effect in axSpA: Are all patients the same?



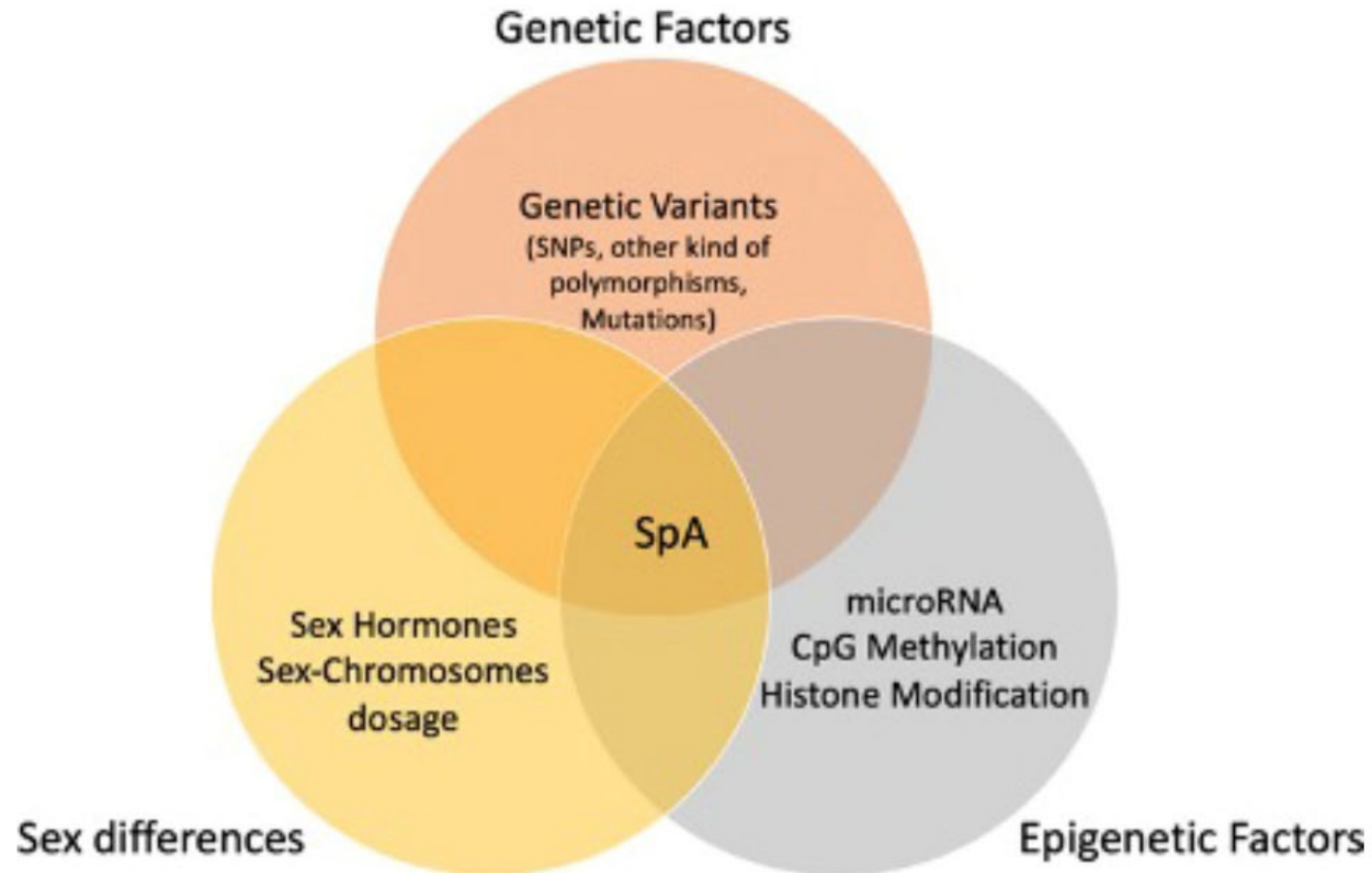
High fluctuation of PROs in individual patients



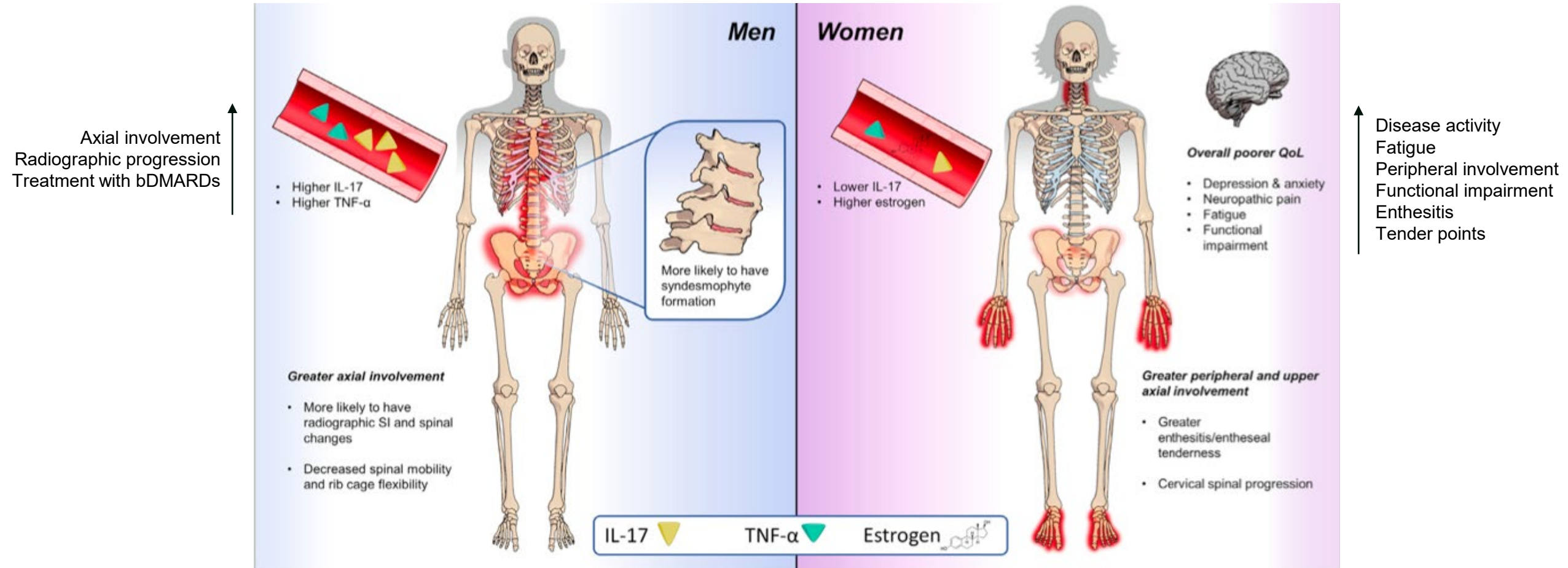
What is associated with mobility impairment in AS: Inflammation or structural damage?

		Entire ankylosing spondylitis population (n=214)	Disease duration ≤3 years (n=53)	Disease duration >3 years (n=161)
X-ray score	mSASSS			
	B	0.865	0.380	0.924
	95% CI	0.677–1.054	–0.099 to 0.858	0.715–1.134
Correlation with BASMI	p Value	<0.001	0.117	<0.001
	<hr/>			
MRI Score	ASspiMRI-a			
	B	0.236	0.595	0.156
	95% CI	0.041–0.432	0.173–1.016	–0.070 to 0.383
Correlation with BASMI	p Value	0.018	0.007	0.174

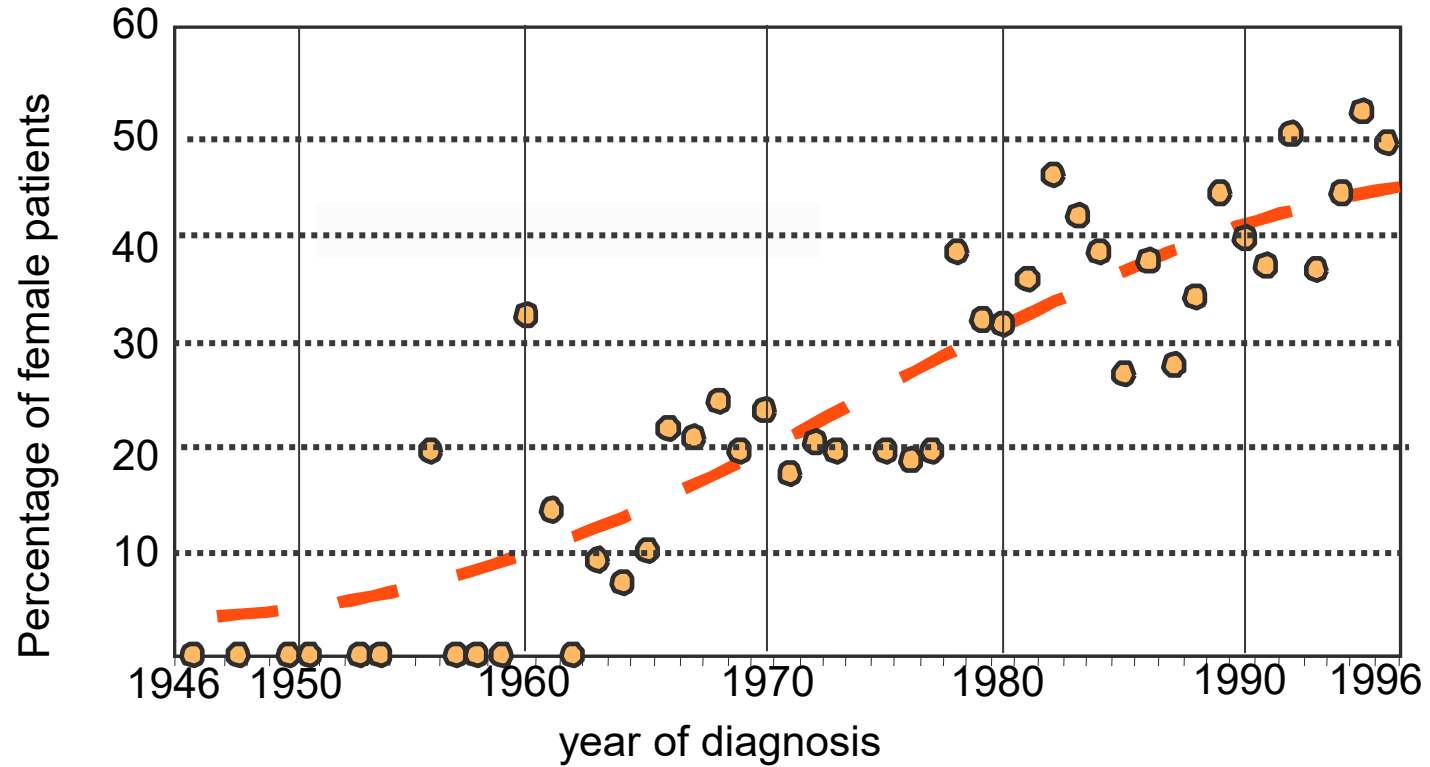
Interaction among genetic and epigenetic factors and sex in SpA



Differences in axSpA based on sex

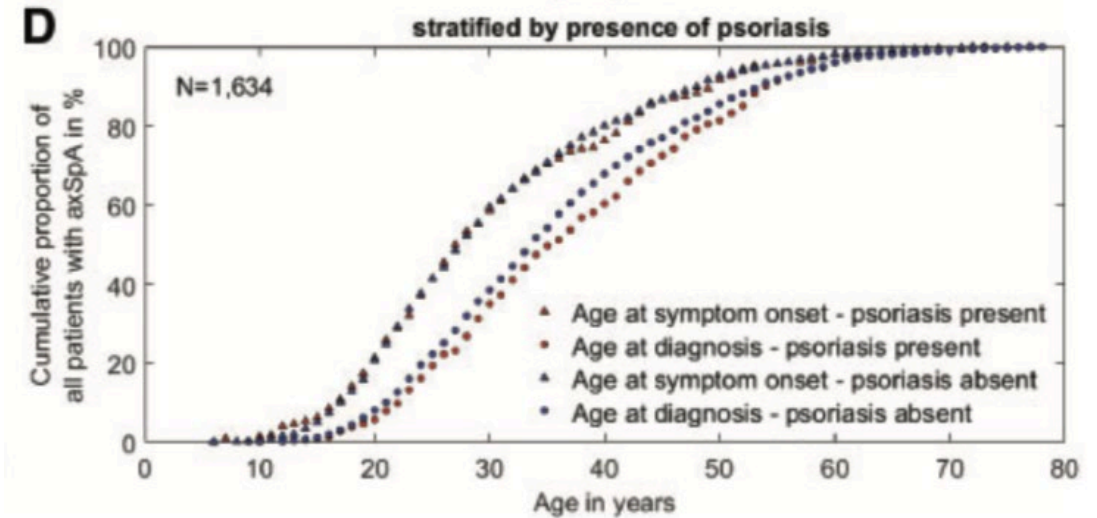
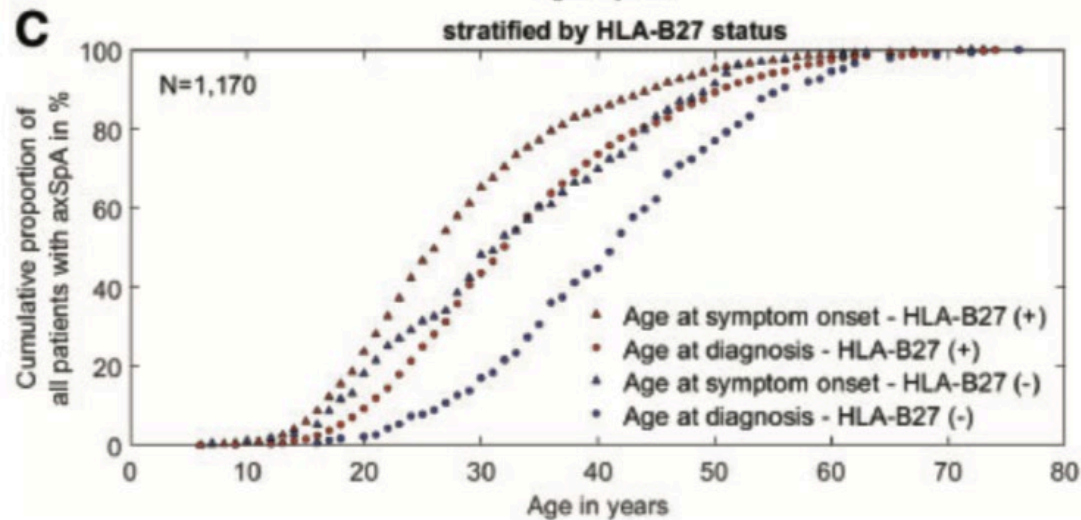
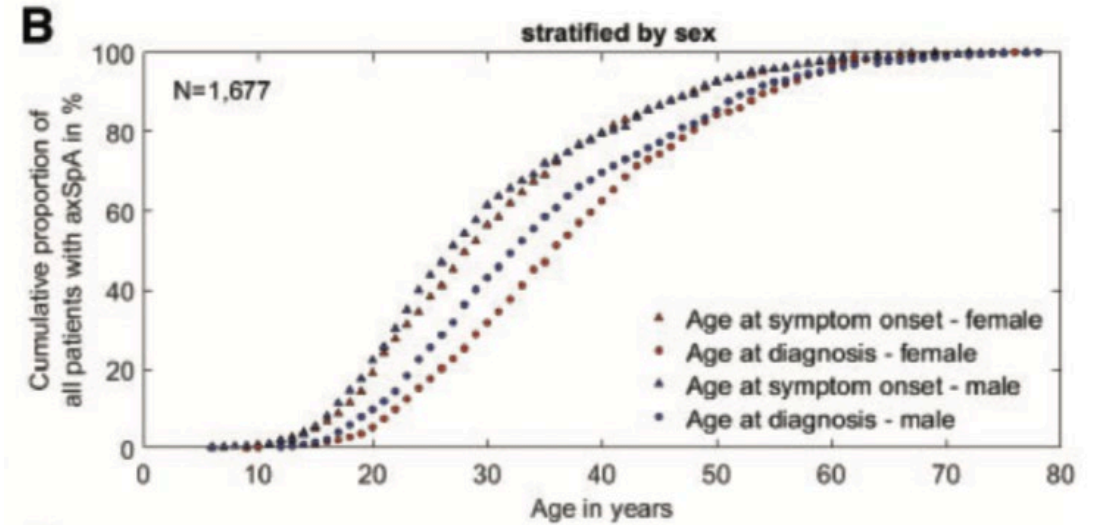
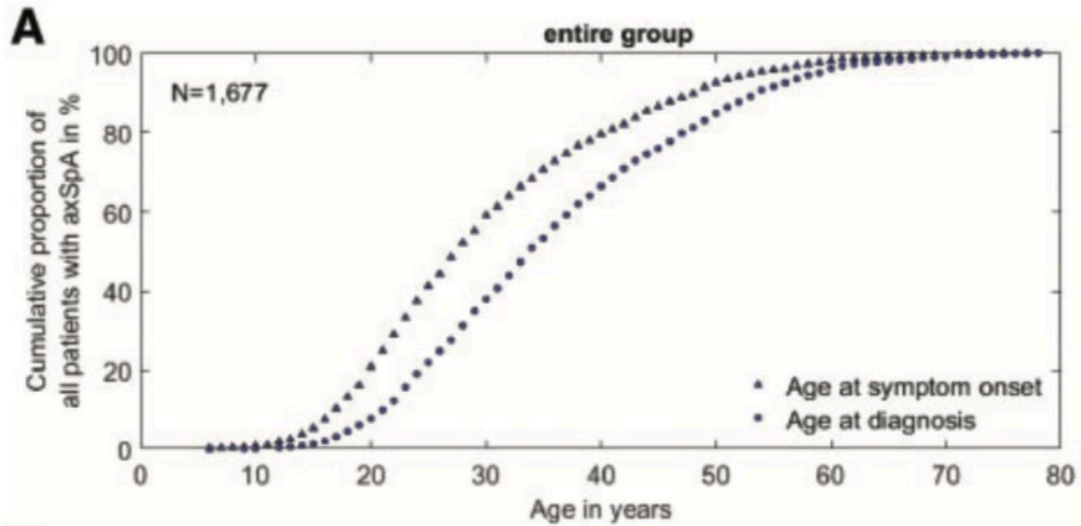


Percentage of Female AS Patients is Dependent on Year of Diagnosis

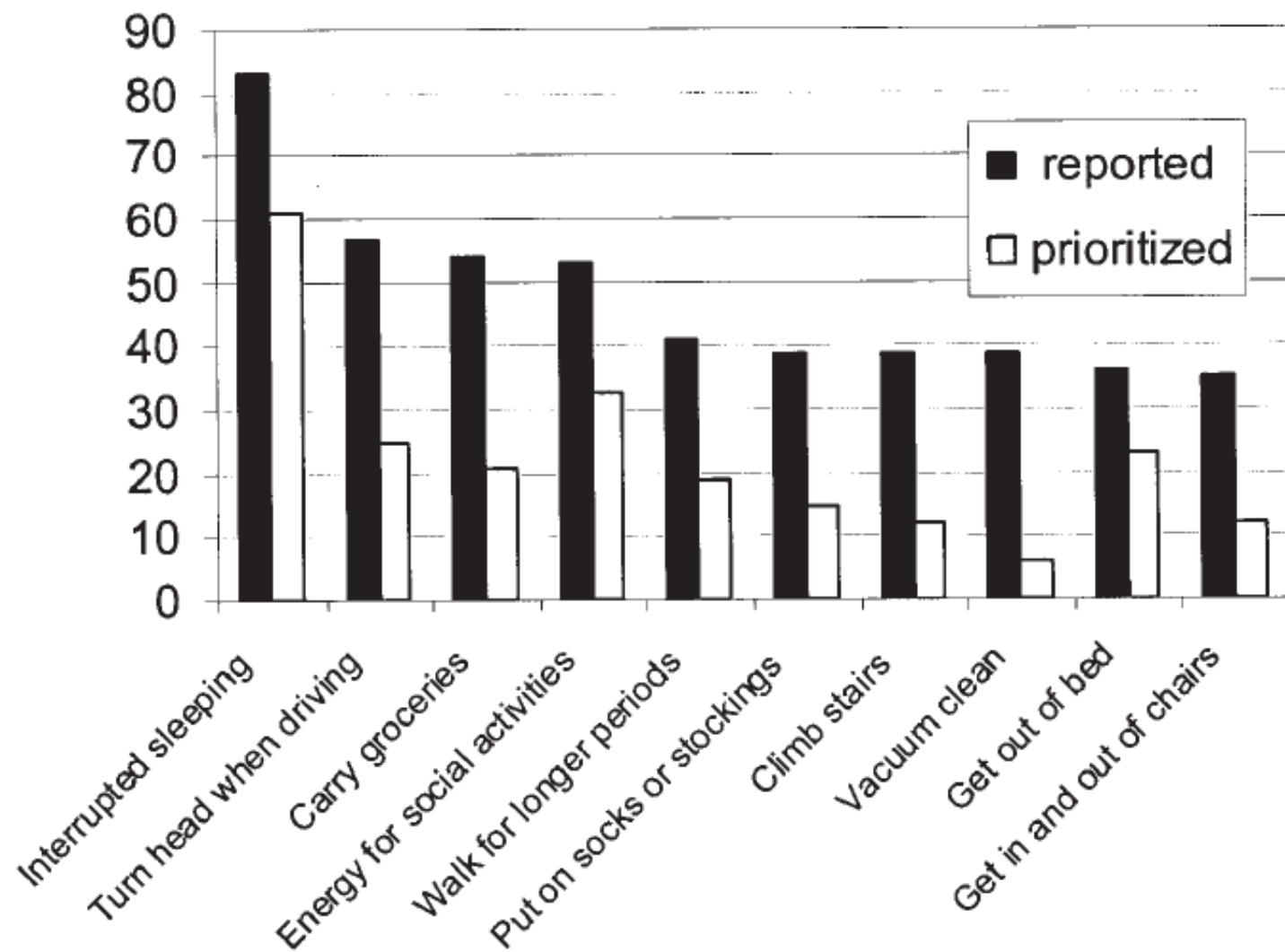


Over time, the gender ratio approached 1:1.

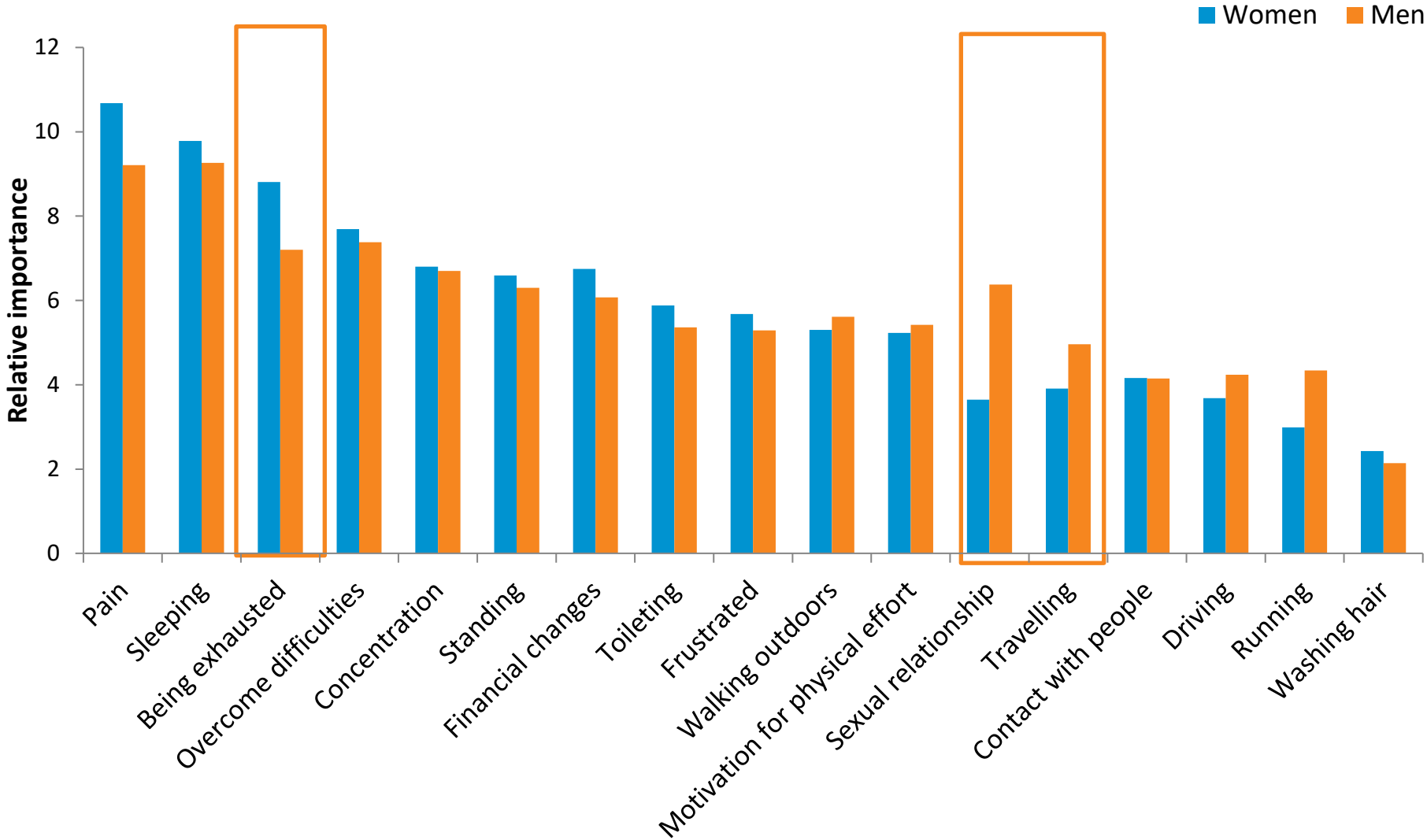
Determinants of diagnostic delay in axial spondyloarthritis: an analysis based on linked claims and patient-reported survey data



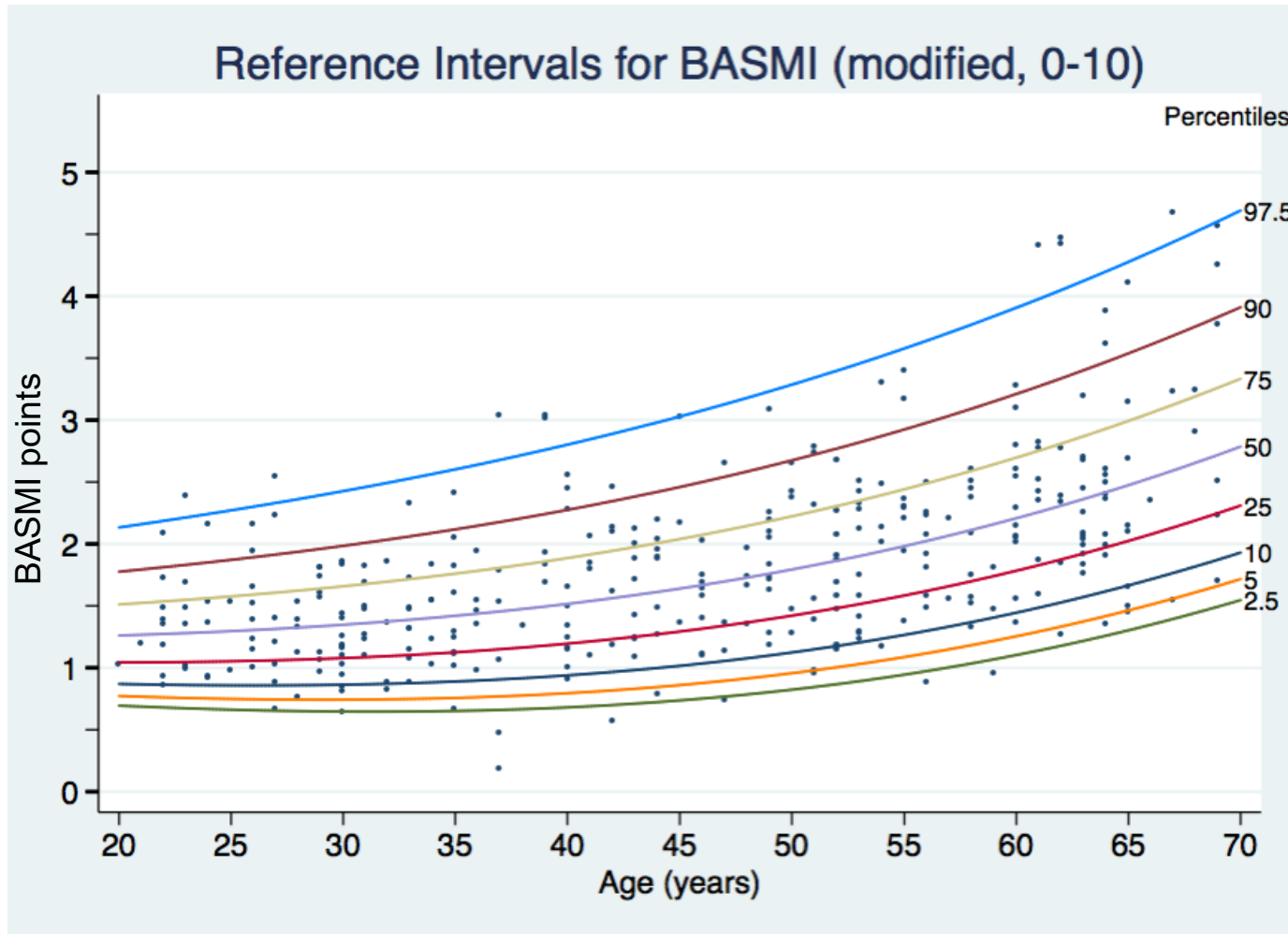
Impairment of 'function' in axSpA



Impairment of 'functioning' in axSpA



Percentile Curves for BASMI in Relation to Age



More mobility curves in: ASAS website / Clinical instruments / Mobility curves

Gender differences on disease activity patterns and status

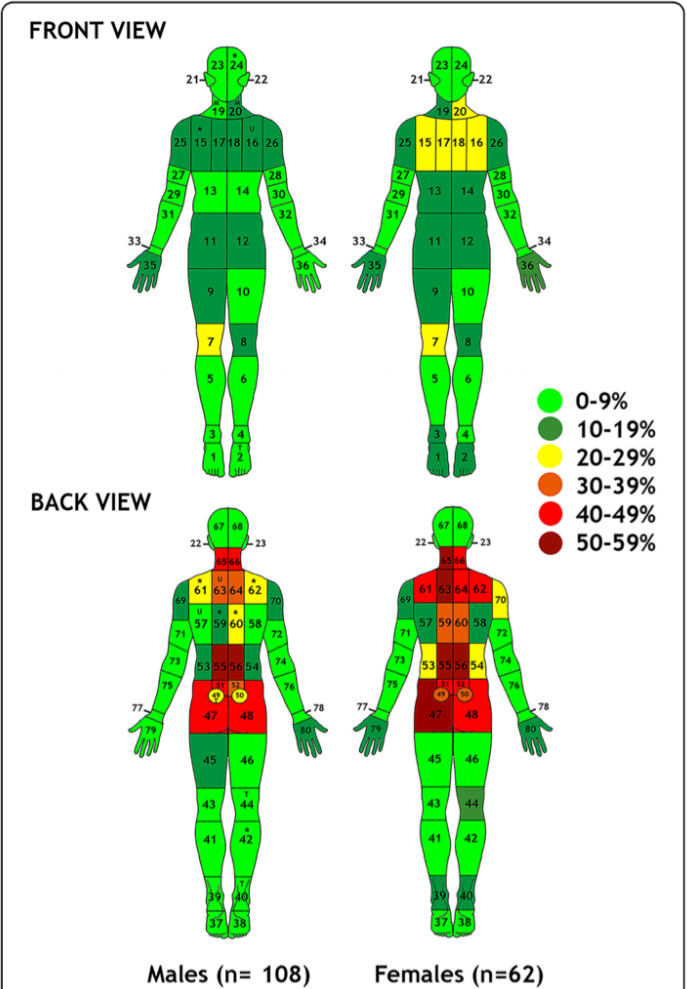
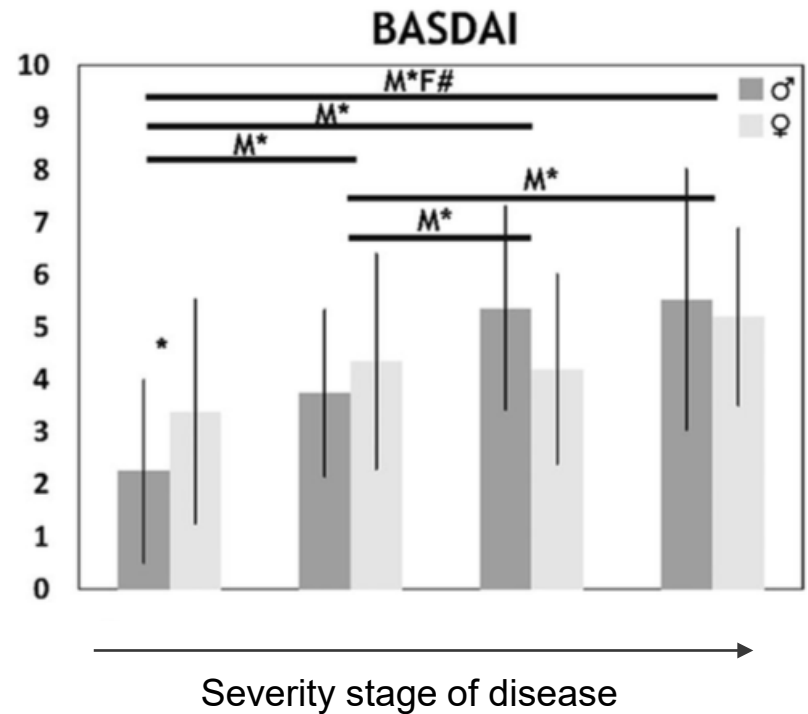
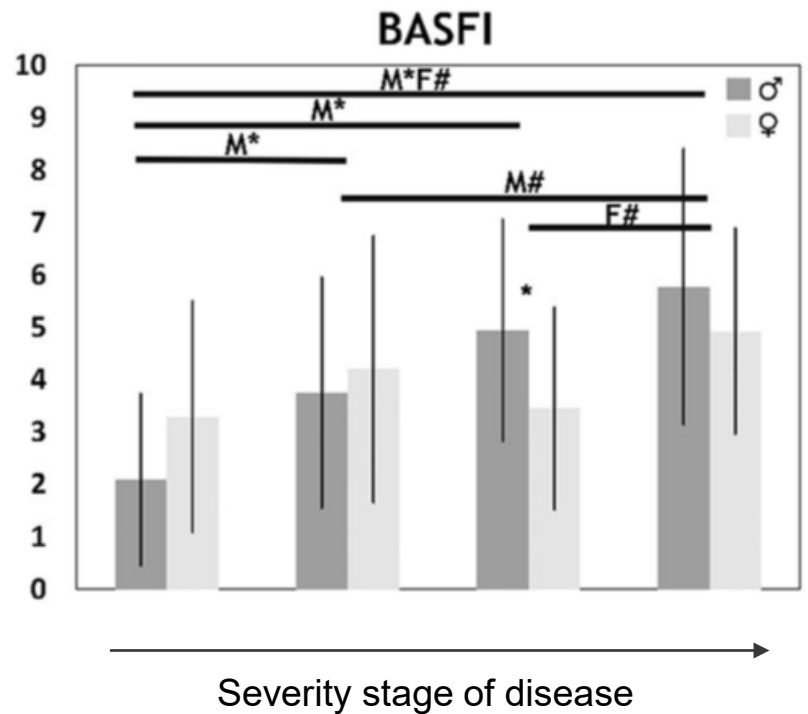
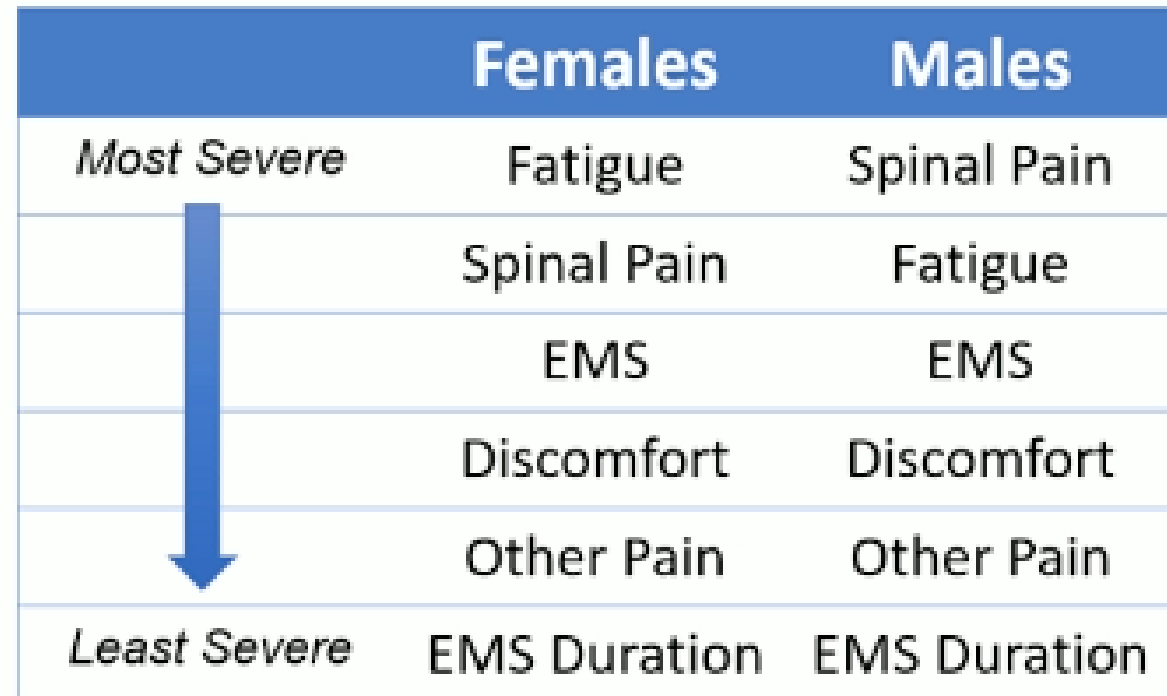


Fig. 1 Graphical illustration of pain locations displayed as prevalence estimates for the total group and by gender in patients with axial spondyloarthritis (n = 170). * p < .05 in both univariate chi-square and multivariate logistical regression analyses; ^U p < .05 only in univariate analysis; ^M p < .05 only multivariate analysis; ^T p < .05 in univariate but trend in multivariate analysis

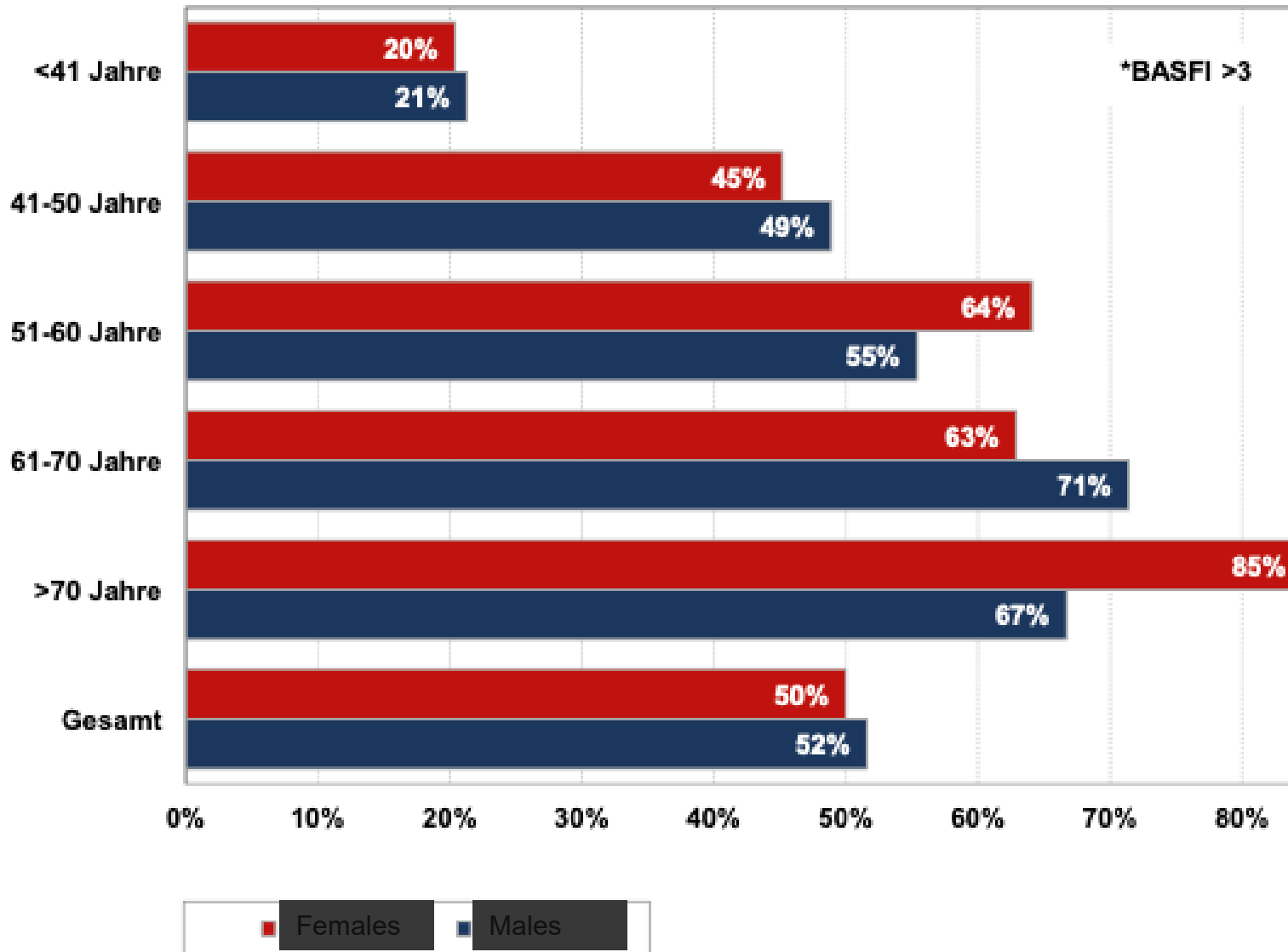


Maguire S. *et al.*, Dublin, Ireland

	Females	Males	p value
Number	24.9% (213)	75.1% (644)	
Age	43.8	46.5	0.05
Delay to dx	7.43	8.18	0.26
Disease duration	17.9	19.8	0.06
Radiographic sacroiliitis	73.7% (157)	80.1% (516)	0.02
MRI Sacroiliitis	46% (98)	43.8% (282)	0.04
HLA-B27+	89.7% (148)	89.9% (438)	0.86
BASDAI	4.6	3.83	<0.01
1 -fatigue	5.56	4.51	<0.01
2 -spinal pain	5.51	4.63	<0.01
3 -other pain	3.82	3.19	0.01
4 -discomfort	4.05	3.29	<0.01
5 -EMS	4.55	3.94	0.01
6 -EMS duration	3.54	3.12	0.07
BASMI	3.51	4.16	<0.01
BASFI	3.89	3.63	0.26
HAQ	0.6	0.51	0.03
ASQoL	7.62	6.12	<0.01

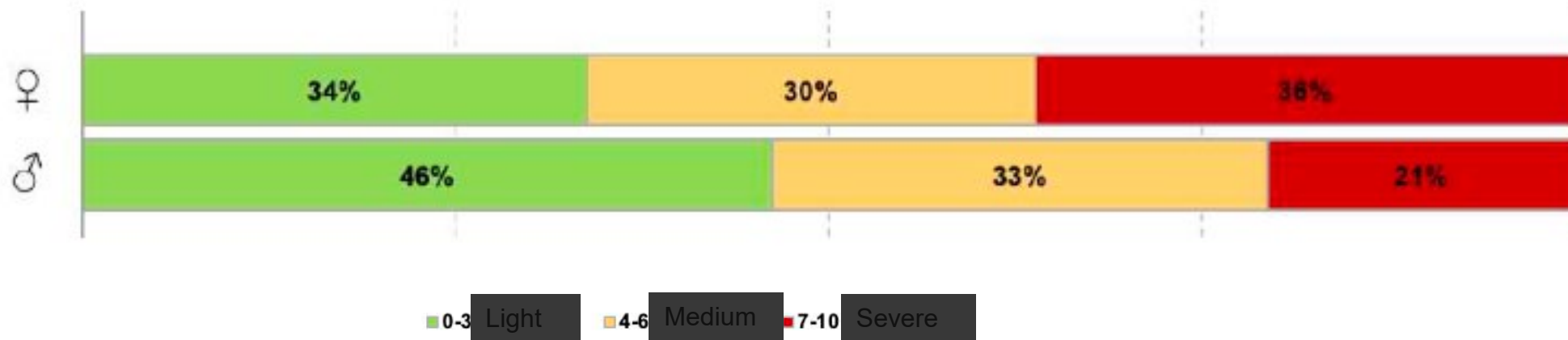


AS patients with decreased functional impairment

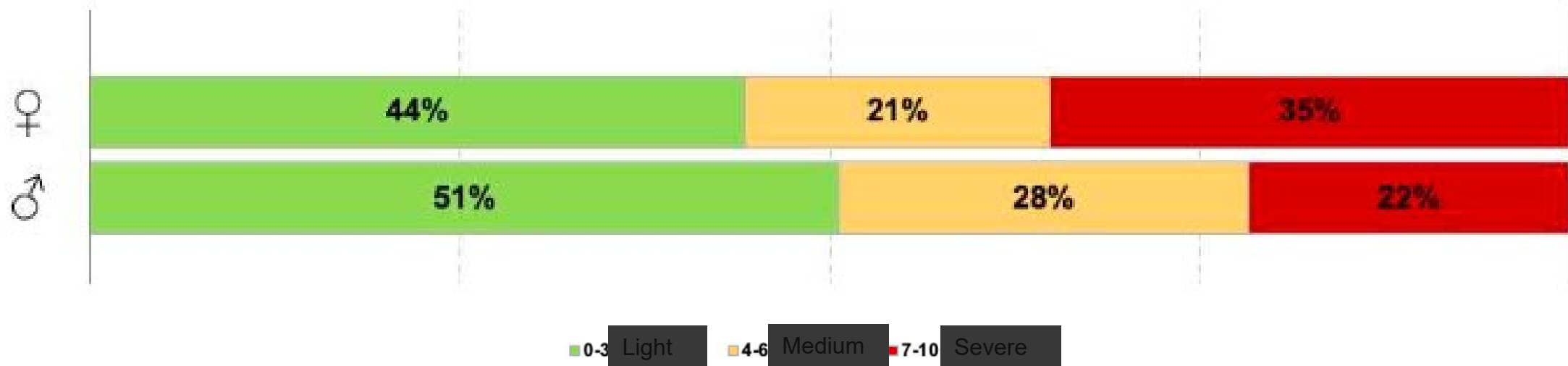


At age of 51-60y and >70y, females have a more severe functional impairment as compared to males

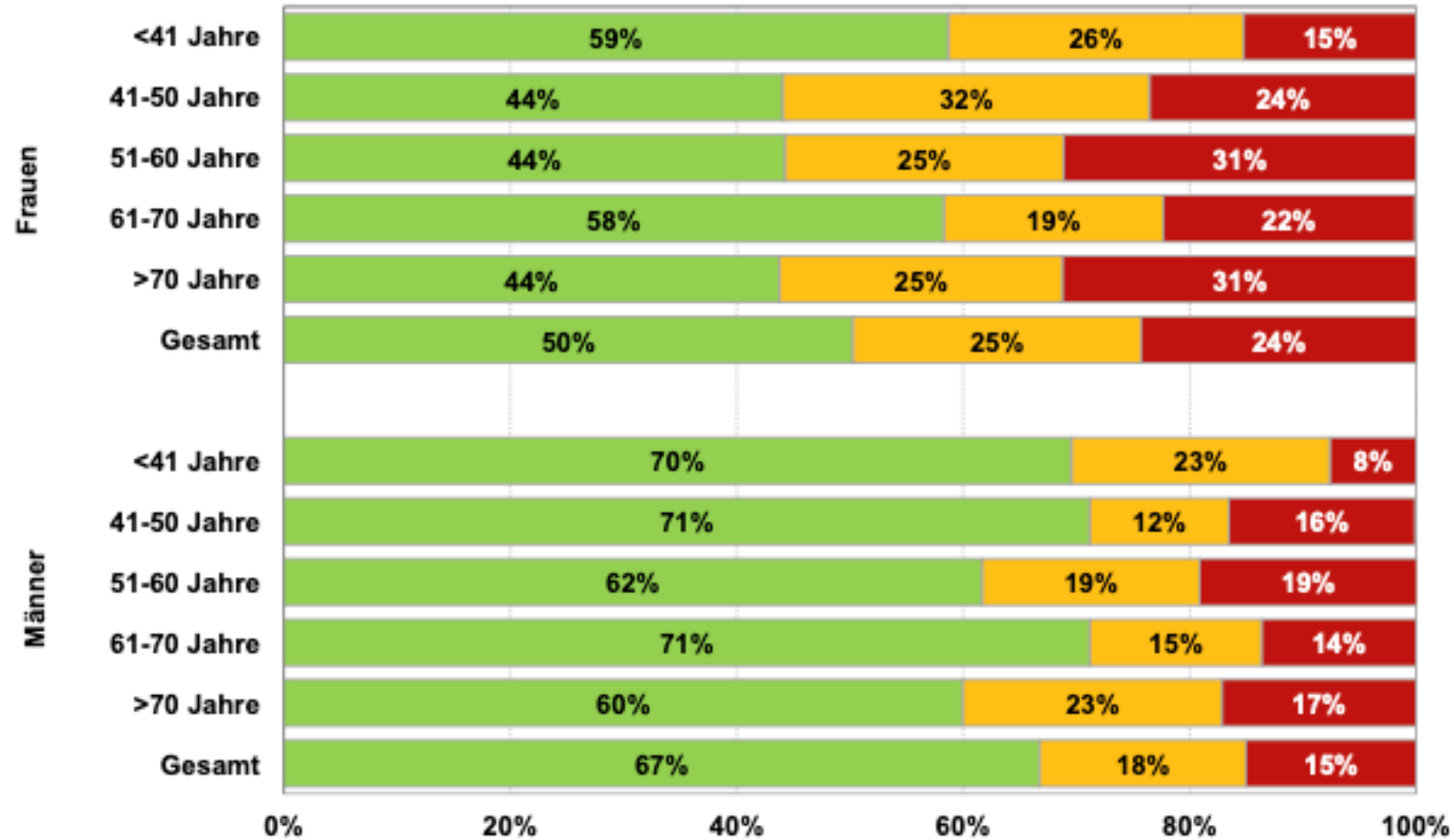
Distribution of fatigue among AS patients



Sleep disturbance among AS patients



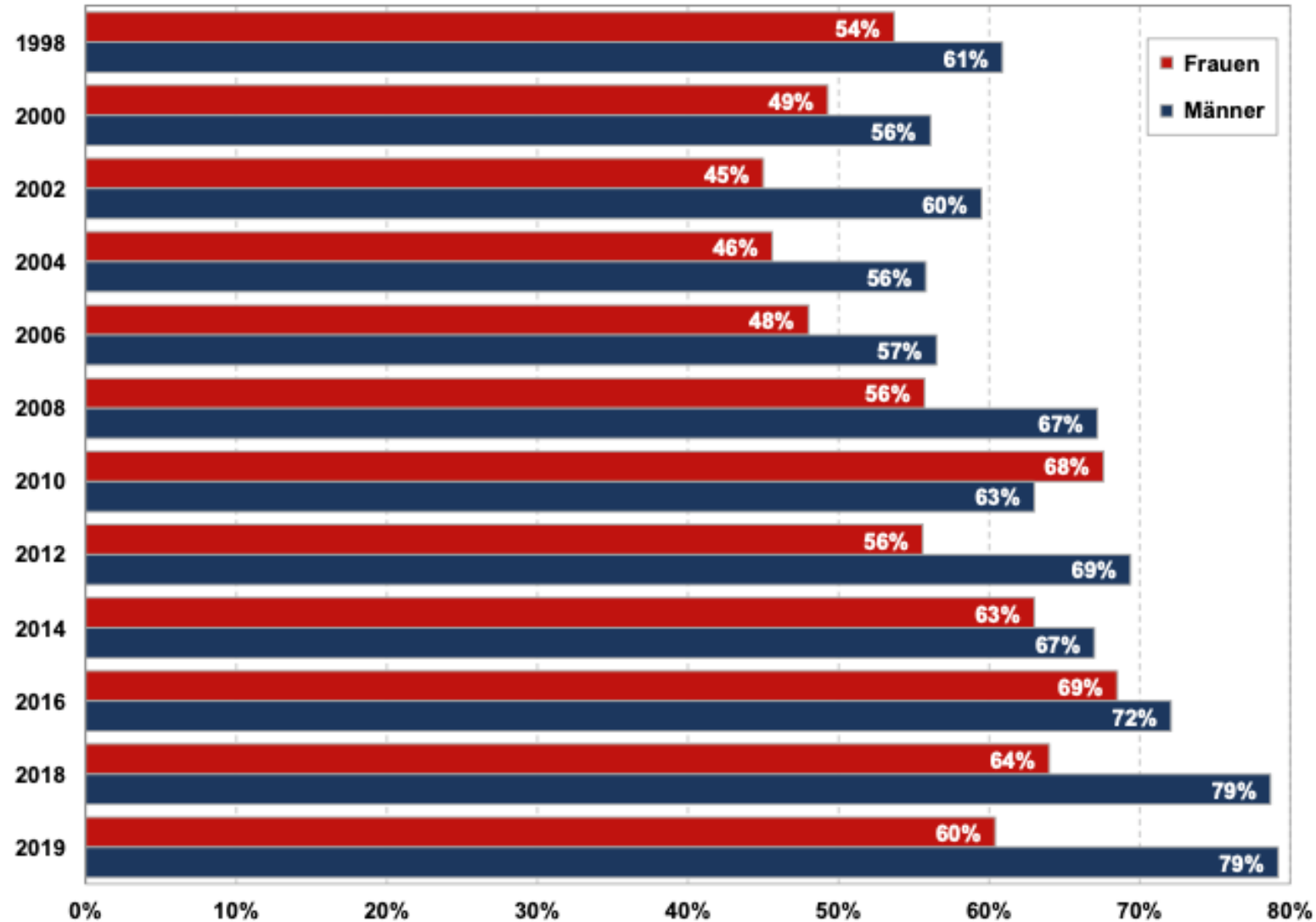
WHO-5-Score among AS patients



WHO-5 ≤28: Medium to severe depressive symptoms
 WHO-5 29-50: Mild depressive symptoms
 WHO-5 >50: No depressive symptoms

■ WHO-5 >50 ■ WHO-5 29-50 ■ WHO-5 ≤28

Proportion of working AS patients at age < 65years



The proportion of working male AS patients has increased significantly in the last 20 years

Results also dependent on geographic region and ‘early’ diagnosis

COREVITAS

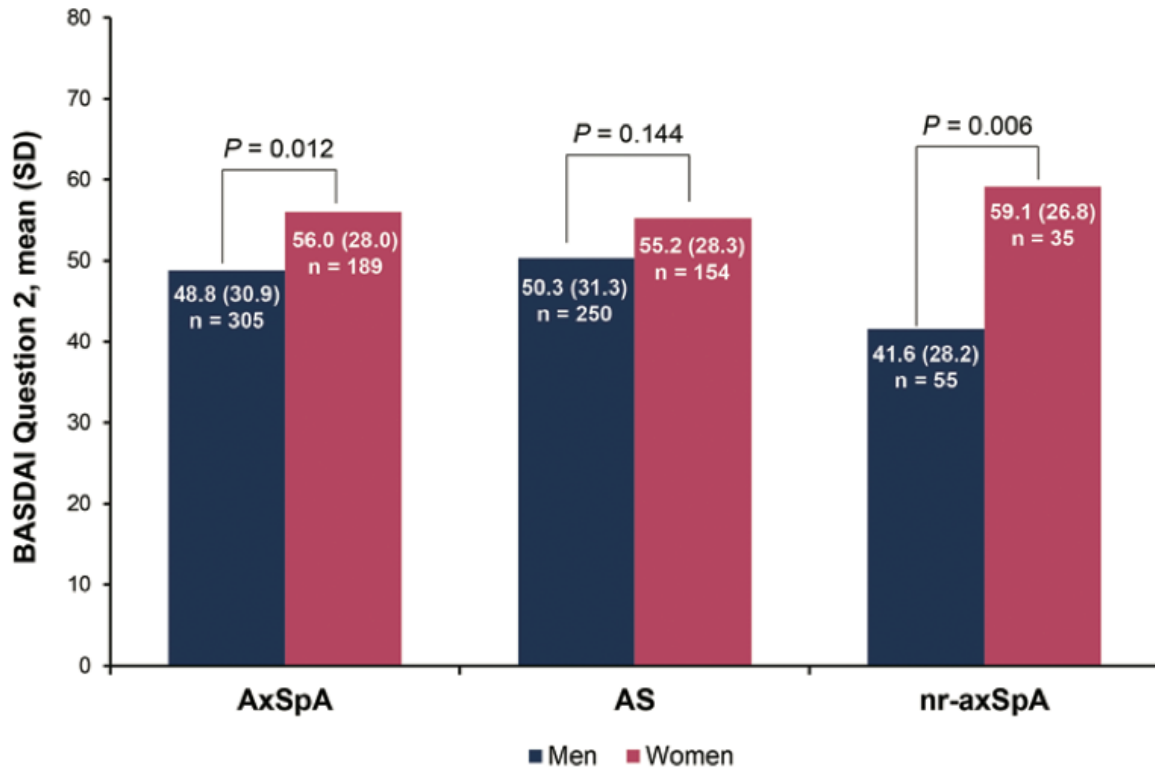


Figure 1. Patient-reported severity of inflammatory neck, back, or hip pain in men and women with axSpA. Results are mean (SD) of BASDAI Question 2: “How would you describe the overall level of inflammatory neck, back, or hip pain you have had?” Severity is rated on a scale of 0 (none) to 10 (very severe). *P* values were calculated using Wilcoxon rank-sum tests. AS: ankylosing spondyloarthritis; axSpA: axial spondyloarthritis; BASDAI: Bath Ankylosing Spondylitis Disease Activity Index; nr-axSpA: nonradiographic axial spondyloarthritis.

SPACE

Table 2 Characteristics of patients without (*n* = 418) and with (*n* = 301) certain diagnosis of axSpA stratified by gender

	No axSpA		<i>p</i> value	axSpA		<i>p</i> value
	Male (<i>N</i> = 129)	Female (<i>N</i> = 289)		Male (<i>N</i> = 146)	Female (<i>N</i> = 155)	
Age at CBP onset (years), mean (SD)	29.3 (8.6)	29.4 (8.2)	0.9	27.4 (7.5)	29.5 (7.8)	0.02
Duration of CBP (months), mean (SD)	12.8 (6.9)	13.4 (7.0)	0.5	13.3 (7.1)	13.4 (7.0)	0.5
Alternating buttock pain, <i>n</i> (%) (<i>N</i> = 454 ^a)	23 (43)	100 (59)	0.03	65 (60)	64 (51)	0.2
IBP, <i>n</i> (%)	83 (57)	164 (64)	0.2	123 (84)	129 (84)	1.0
Response to NSAIDs, <i>n</i> (%)	45 (37)	81 (29)	0.1	92 (64)	98 (66)	0.8
Family history of SpA, <i>n</i> (%)	44 (34)	124 (44)	0.1	68 (46)	69 (45)	0.8
Peripheral arthritis, <i>n</i> (%)	15 (12)	25 (9)	0.3	37 (25)	34 (22)	0.5
Heel enthesitis, <i>n</i> (%)	17 (13)	28 (10)	0.3	46 (31)	51 (33)	0.7
Dactylitis, <i>n</i> (%)	3 (2)	4 (1)	0.5	16 (11)	16 (10)	0.9
Uveitis, <i>n</i> (%)	7 (5)	12 (4)	0.6	19 (13)	20 (13)	1.0
Psoriasis, <i>n</i> (%)	6 (5)	23 (8)	0.2	22 (15)	37 (24)	0.051
IBD, <i>n</i> (%)	11 (8)	15 (5)	0.2	10 (7)	12 (8)	0.8
HLA-B27 ⁺ , <i>n</i> (%)	43 (34)	66 (23)	0.02	114 (80)	92 (60)	<0.001
Elevated CRP/ESR, <i>n</i> (%)	21 (16)	61 (21)	0.2	71 (49)	64 (42)	0.2
SpA features without imaging or HLA-B27, mean (SD)	2.4 (0.1)	2.1 (0.1)	0.3	3.5 (1.7)	3.5 (1.6)	1.0
MRI-SIJ ⁺ /X-SIJ ⁻ , <i>n</i> (%)	7 (5)	19 (6)	0.6	65 (44)	68 (44)	0.9
MRI-SIJ ⁻ /X-SIJ ⁺ , <i>n</i> (%)	2 (1)	4 (1)	0.9	5 (3)	5 (3)	0.9
MRI-SIJ ⁺ /X-SIJ ⁺ , <i>n</i> (%)	5 (4)	0 (0)	0.01	44 (30)	26 (17)	0.006
Any positive imaging, ^b <i>n</i> (%)	14 (10)	23 (7)	0.3	114 (78)	99 (64)	0.007
Number of syndesmophytes, mean (SD) (<i>N</i> = 182 ^a)	<i>n/a</i>	<i>n/a</i>	–	0.1 (0.4)	0.0 (0.1)	0.5
Patients with syndesmophytes, <i>n</i> (%) (<i>N</i> = 182 ^a)	<i>n/a</i>	<i>n/a</i>	–	7/83 (8)	1/99 (1)	0.02
Current smokers, <i>n</i> (%)	33 (28)	54 (19)	0.1	31 (22)	15 (10)	0.02

Modified Stoke ankylosing spondylitis Spine Score available for 182/301 axSpA patients. Bold data indicate significant results
axSpA axial spondyloarthritis, CBP chronic back pain, IBP inflammatory back pain, NSAID non-steroidal anti-inflammatory drug, SpA spondyloarthritis, IBD inflammatory bowel disease, HLA human leukocyte antigen, CRP C-reactive protein, ESR erythrocyte sedimentation rate, MRI-SIJ magnetic resonance imaging of sacroiliac joints, X-SIJ plain radiograph of sacroiliac joints

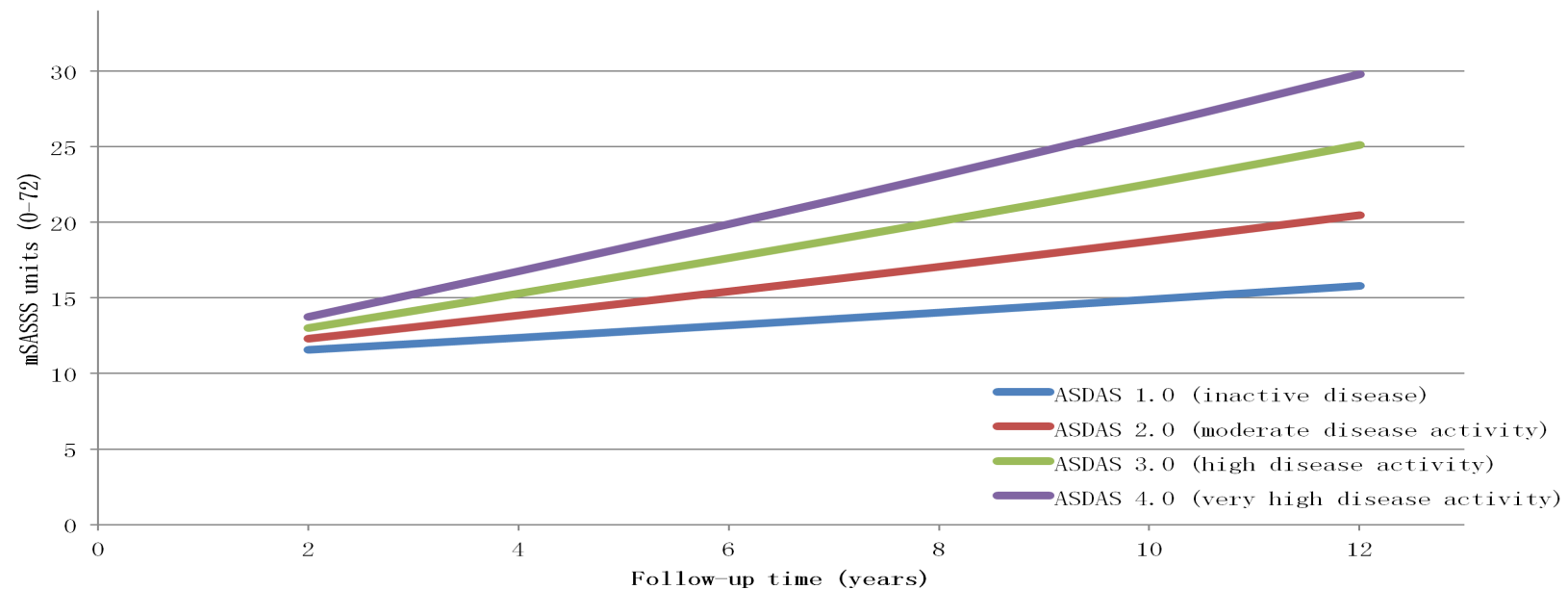
^aMissing data < 5% unless otherwise indicated

^bMRI-SIJ⁺ and/or X-SIJ⁺

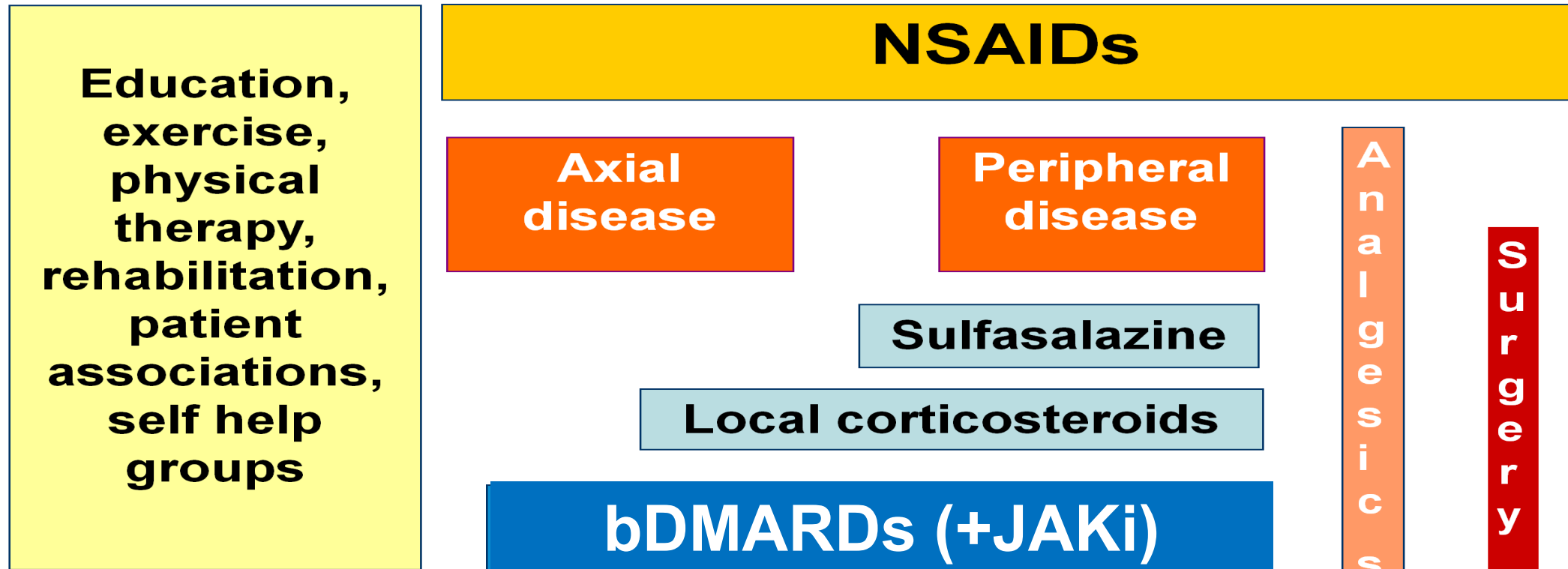
Personalised medicine: does this apply to axSpA?

Longitudinal Relationship between Disease Activity and Radiographic Damage

Longitudinal relationship between ASDAS and mSASSS



ASAS/EULAR recommendations for the management of axial Spondyloarthritis



Different treatment outcomes based on assessment

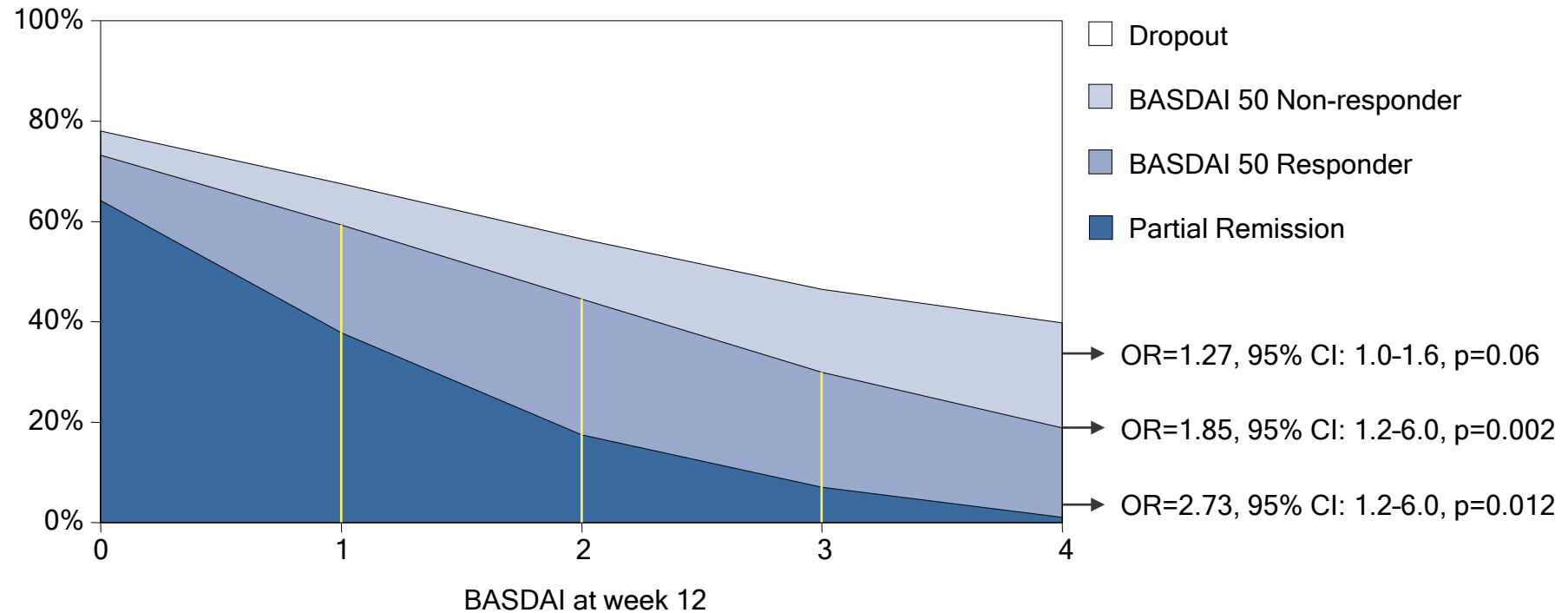
TABLE 2 Outcome parameters after 1 and 4 weeks of continuous NSAID treatment in both axSpA subgroups

Outcome parameter	1 week after baseline			4 weeks after baseline		
	nr-axSpA (n = 50)	AS (n = 50)	axSpA (n = 100)	nr-axSpA (n = 50)	AS (n = 50)	axSpA (n = 100)
Mean BASDAI, mean (s.d.)	4.2 (2.2)	3.9 (2.1)	4.0 (2.1)	3.9 (2.3)	3.6 (1.8)	3.8 (2.1)
Mean BASFI, mean (s.d.)	3.4 (1.9)	3.4 (2.1)	3.4 (2.0)	3.2 (2.3)	3.3 (2.2)	3.3 (2.3)
Mean ASDAS, mean (s.d.)	1.8 (0.8)	1.9 (0.9)	1.9 (0.8)	1.7 (0.8)	1.7 (0.7)	1.7 (0.8)
BASDAI <3, % patients	30	40	35	36	44	40
ASDAS <1.3, % patients	30	26	28	36	32	34
ASAS PR, % patients	8	12	10	14	18	16
BASDAI ≥4, % patients	48	50	49	46	42	44
ASDAS-CRP ≥2.1, % patients	32	42	37	34	32	33
ASDAS clinically important improvement, % patients	26	24	25	32	34	33
ASAS40 response, % patients	24	24	24	30	40	35
BASDAI 50% patients response, % patients	30	36	33	36	40	38

There were no statistical differences in the improvement rates between the axSpA subgroups in any of the assessed outcomes (all $P > 0.05$). PR: partial remission.

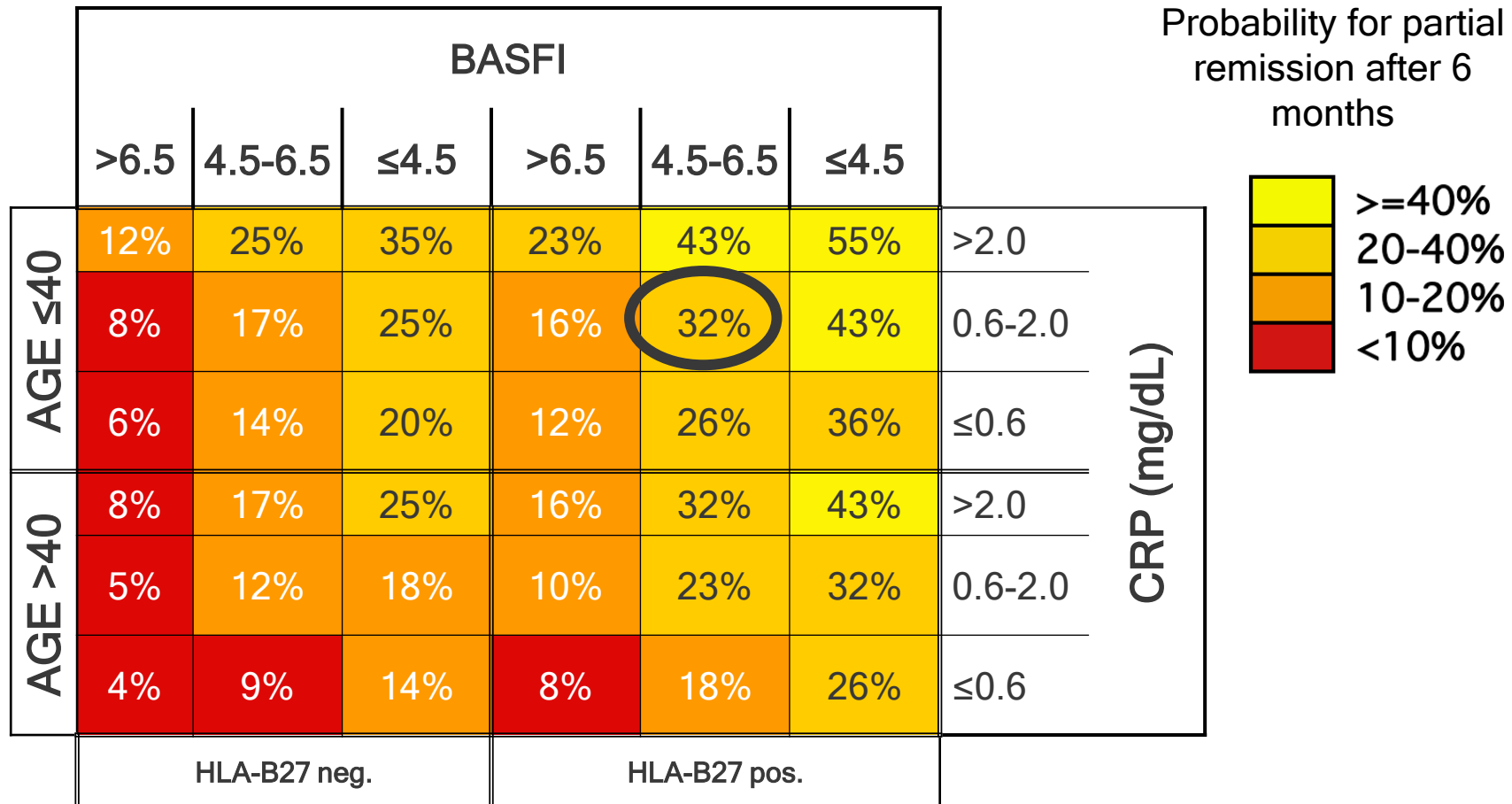
Treatment of axSpA with anti-TNF: early response leads to better treatment outcomes

Probability at year 8



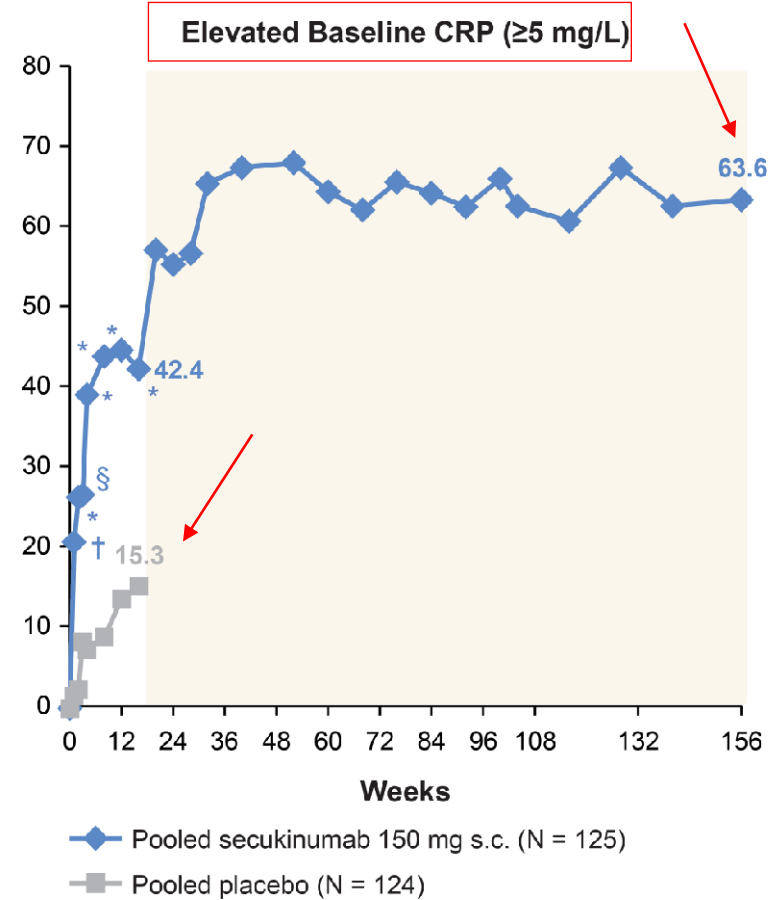
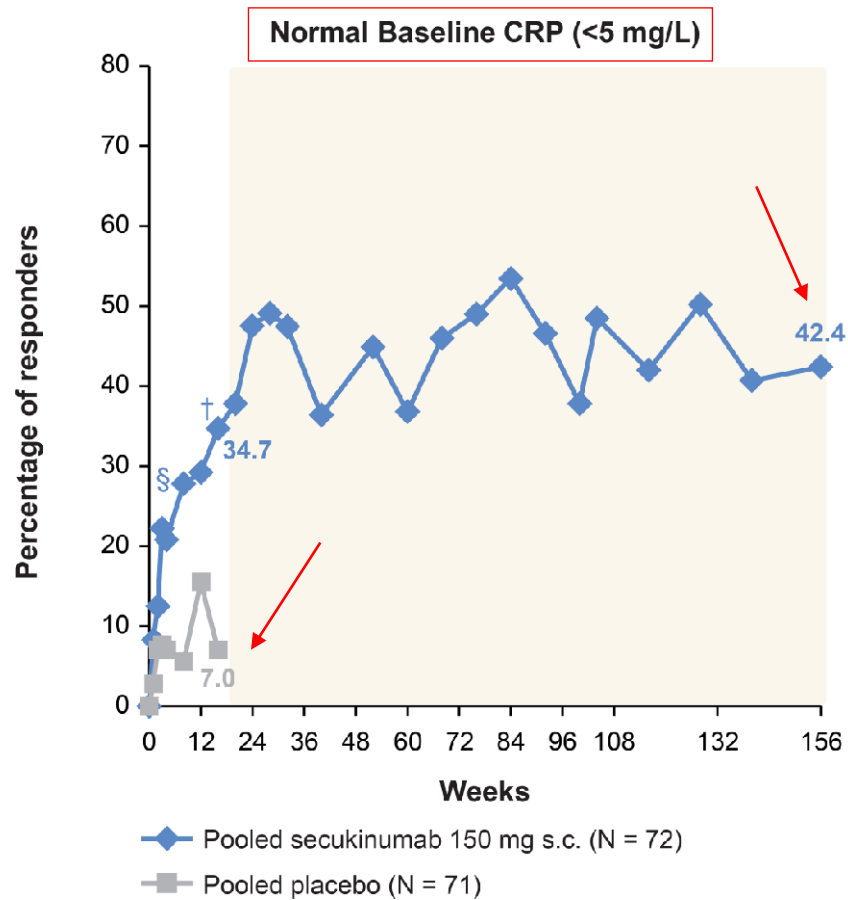
Treatment of axSpA: prediction of remission

Patient 2: 42 years, CRP 2.7, HLA-B27-, BASFI 7.0



Improvement of disease activity under bDMARDs - Related to CRP?

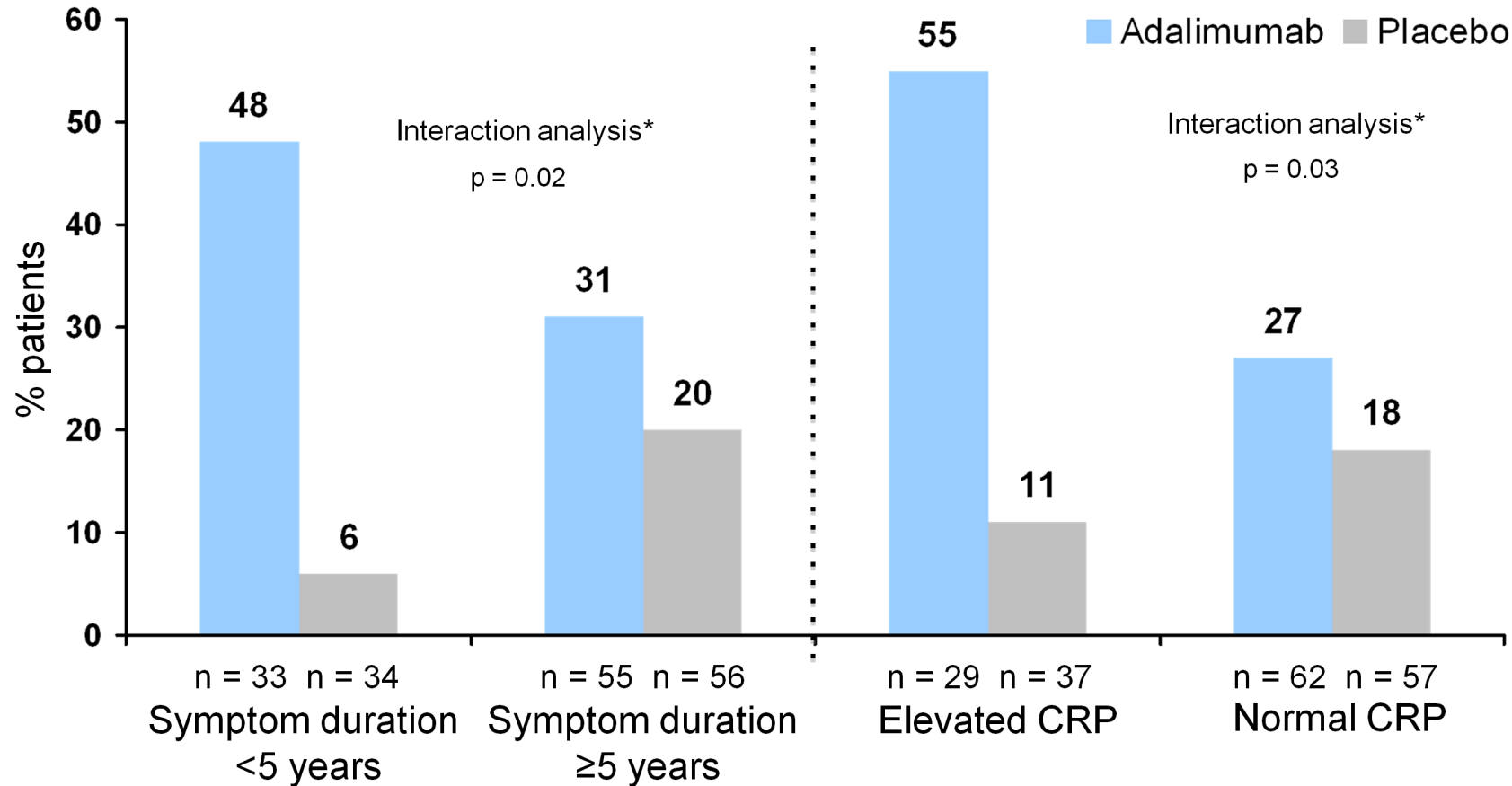
ASAS 40



* $P < 0.0001$; † $P < 0.001$; § $P < 0.01$ versus placebo

ASAS40 Response to Adalimumab by Symptom Duration and Baseline CRP at Week 12 in Patients with non-radiographic axial SpA

ABILITY-I Study: 40 mg Adalimumab s.c. EOW vs placebo over 12 weeks



*logistic model used to assess treatment and subgroup interaction, with significant interaction defined as $p \leq 0.10$

Sieper J et al. Ann Rheum Dis 2012 Jul 7. [Epub ahead of print] (with permission)



Impact of obesity on response to bDMARDs in axSpA

Table 2 Crude response rates at 1 year of treatment with a first TNF inhibitor after stratification for different BMI categories

Outcome	n = 531	BMI category			p
		Normal n = 282	Overweight n = 178	Obese n = 71	
ASAS40	494	44%	34%	29%	0.02
ASAS40 TNFi other than INF	383	45%	34%	24%	0.008
ASAS40 TNFi: INF	111	42%	36%	44%	0.83
ASAS partial remission	531	39%	24%	17%	<0.001
BASDAI-50	488	48%	40%	33%	0.06
ASDAS improvement ≥ 1.1	423	59%	46%	37%	0.003
ASDAS <2.1	468	56%	41%	25%	<0.001
ASDAS improvement ≥ 2	423	25%	25%	13%	0.14
ASDAS <1.3	468	29%	15%	10%	<0.001

Normal weight = BMI 18.5–25; overweight = BMI 25–30; obese = BMI >30

ASAS Assessment in SpondyloArthritis International Society, ASAS40 40% improvement according to ASAS, ASDAS Ankylosing Spondylitis Disease Activity Score, BASDAI-50 50% improvement in Bath Ankylosing Spondylitis Disease Activity Index, BMI body mass index, INF infliximab, TNFi tumor necrosis factor inhibitor

Effect of bDMARDs in axSpA depending on secondary FM

Table 2 Effectiveness endpoints of the main analysis using the FiRST definition for fibromyalgia

Effectiveness endpoint	All patients n=508 (%)	Fibromyalgia†		Crude OR (95% CI)‡	P value*	Adjusted OR (95% CI)§	P value
		Yes n=192 (%)	No n=316 (%)				
BASDAI response¶	258/508 (50.8)	87/192 (45.3)	171/316 (54.1)	0.7 (0.5 to 1.0)	NS	0.7 (0.5 to 1.1)	NS
ASAS 40	201/508 (39.6)	55/192 (28.6)	146/316 (46.2)	0.5 (0.3 to 0.7)	<0.001	0.5 (0.3 to 0.8)	0.001
ASAS 20	268/508 (52.8)	83/192 (43.2)	185/316 (58.5)	0.5 (0.4 to 0.8)	<0.001	0.6 (0.4 to 0.9)	0.008
ASDAS MI	117/508 (23.0)	36/192 (18.7)	81/316 (56.3)	0.7 (0.4 to 1.0)	NS	0.8 (0.5 to 1.3)	NS
ASDAS CII	265/508 (52.2)	87/192 (45.3)	178/316 (56.3)	0.6 (0.5 to 0.9)	0.02	0.7 (0.5 to 1.1)	NS
ΔNSAID score ≥50%	235/508 (46.3)	69/192 (35.9)	166/316 (52.5)	0.5 (0.4 to 0.7)	<0.001	0.6 (0.4 to 0.8)	0.003
ΔCRP >0 mg/L	325/508 (64.0)	112/192 (58.3)	213/316 (67.4)	0.7 (0.5 to 1.0)	NS	0.7 (0.5 to 1.2)	NS
ASDAS MDA at 12 weeks	264/508 (52.0)	74/192 (38.5)	190/316 (60.1)	0.4 (0.3 to 0.6)	<0.001	0.5 (0.3 to 0.7)	<0.001
ASDAS ID at 12 weeks	126/508 (24.8)	28/192 (14.6)	98/316 (31.0)	0.4 (0.2 to 0.6)	<0.001	0.4 (0.3 to 0.7)	<0.001
NSAID score ≤10 at 12 weeks	401/508 (78.9)	140/192 (72.9)	261/316 (82.6)	0.6 (0.4 to 0.9)	0.01	0.6 (0.4 to 0.9)	0.02
CRP <6 mg/L at 12 weeks	392/508 (77.2)	145/192 (75.5)	247/316 (78.2)	0.9 (0.6 to 1.3)	NS	0.7 (0.5 to 1.2)	NS

*Statistical significance was established for P<0.05.

†Fibromyalgia according to the FiRST questionnaire.

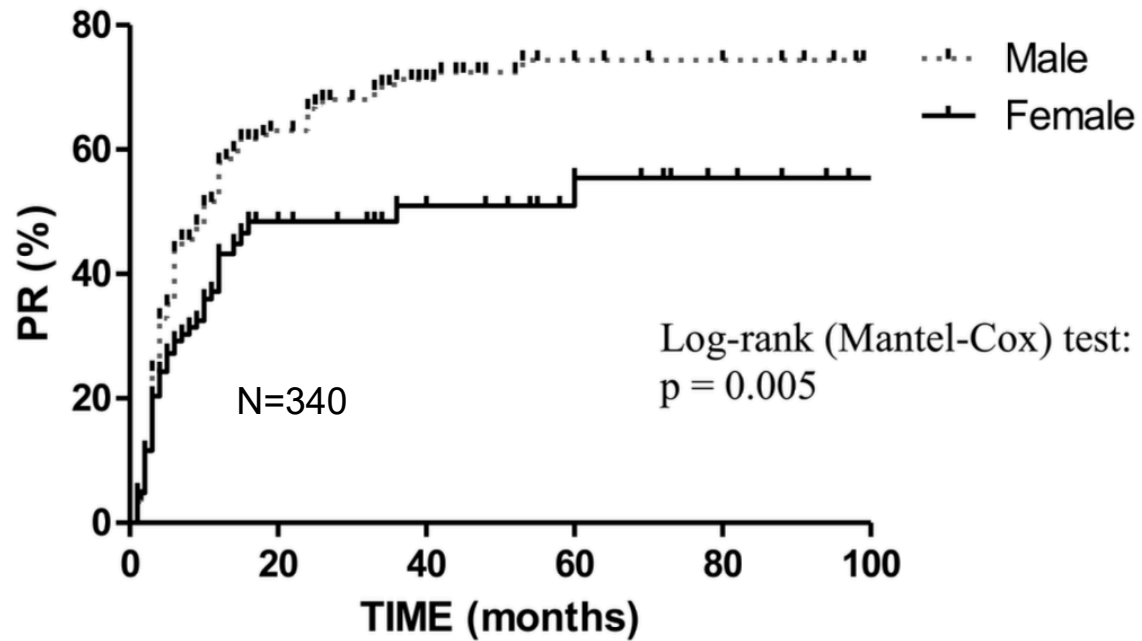
‡Crude OR: result of the univariable analysis.

§Adjusted OR for age (below 40), gender (male), past or present X-ray sacroiliitis, past or present MRI sacroiliitis, abnormal CRP, smoking status, HLA B27 and absence of previous TNFb exposure.

¶Data in the table are presented as number and (%).

Gender differences on response to TNFi

Patients in partial remission



Lubrano E et al, J Rheumatol 2018

Analysis from SCQM

Outcome	N	Adjusted Model 2**		
		OR	95% CI	p
ASAS20	175	0.31	0.12–0.80	0.02
ASAS40	175	0.45	0.20–1.02	0.06
ASDAS improve ≥ 1.1	167	0.21	0.06–0.67	0.01
ASDAS < 2.1	167	0.27	0.10–0.68	0.007
ASDAS improve ≥ 2	167	0.27	0.09–0.70	0.01
ASDAS < 1.3	167	0.11	0.03–0.36	< 0.001

Hebeisen M et al, J Rheumatol 2018

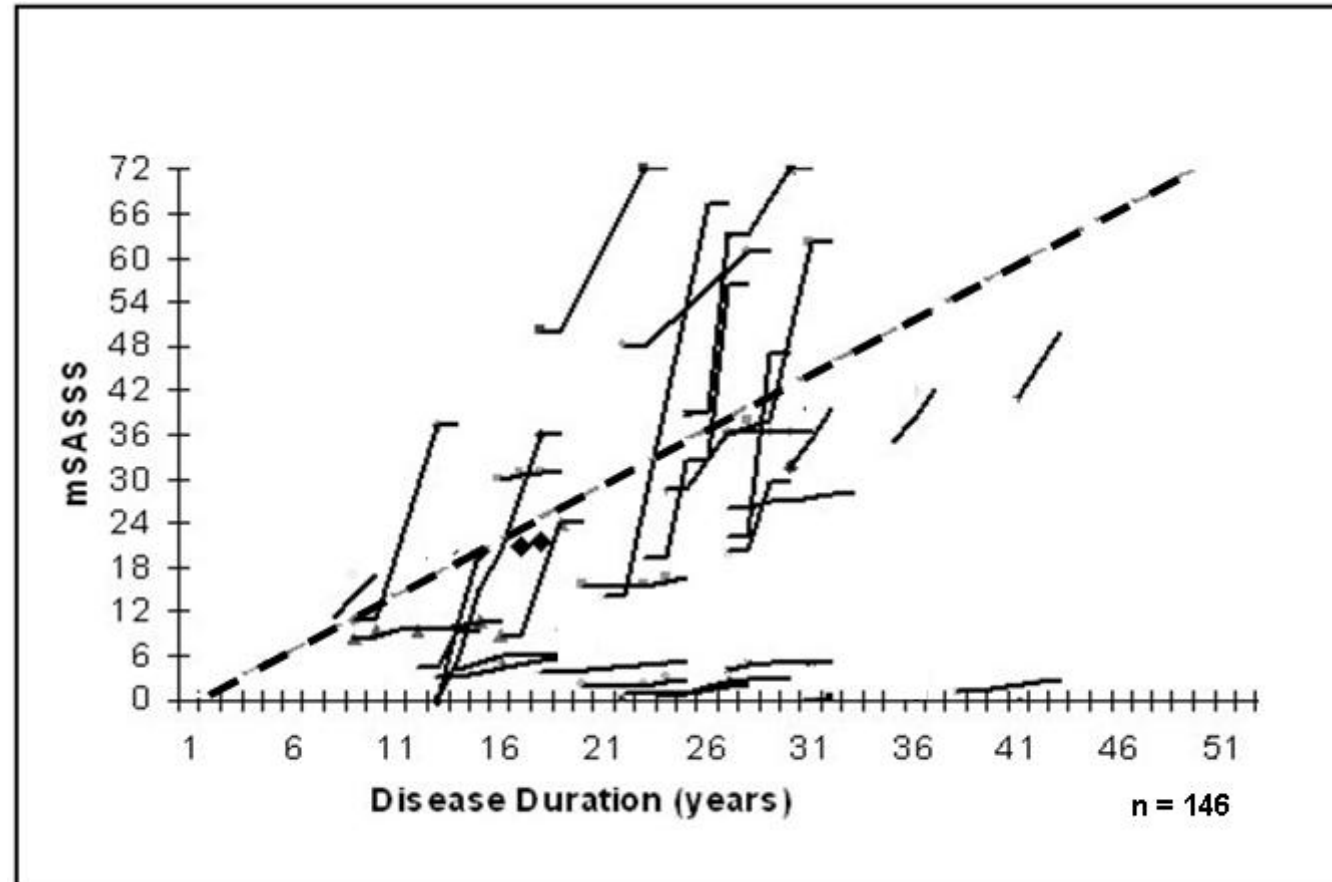
EULAR 2021 - POS0228 BASELINE CHARACTERISTICS AND TREATMENT RESPONSE TO IXEKIZUMAB CATEGORISED BY SEX IN RADIOGRAPHIC AND NON-RADIOGRAPHIC AXIAL SPONDYLARTHROSIS PATIENTS THROUGH 52 WEEKS: DATA FROM 3 PHASE III, RANDOMIZED, CONTROLLED TRIALS

I. Van der Horst-Bruinsma *et al.*, Amsterdam, The Netherlands

	Males R-axSpA	Females R-axSpA
ASAS40-Response Week 16	39%	16,7%
ASAS40-Response Week 52	44%	33,3%

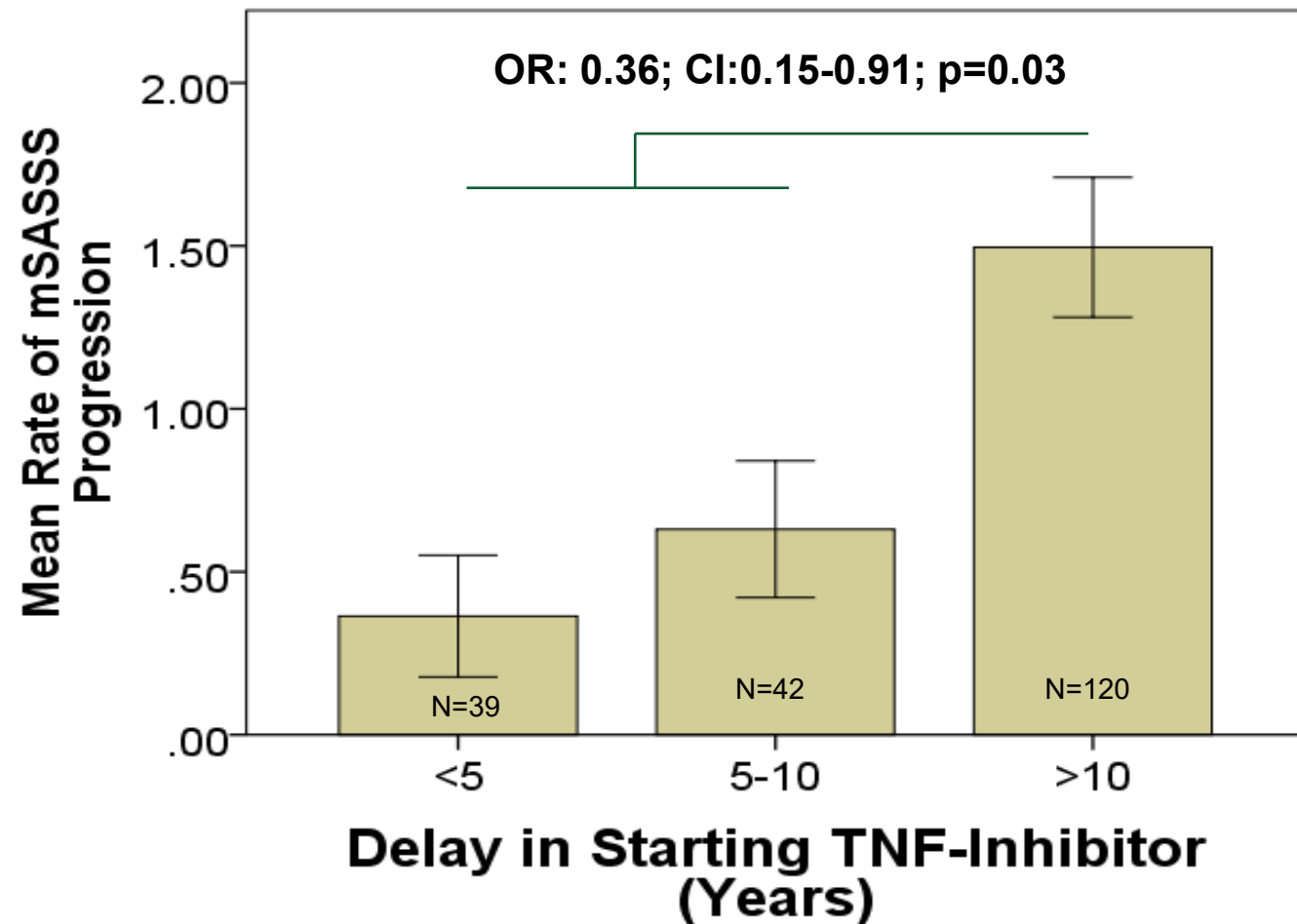
	Males Nr-axSpA	Females Nr-axSpA
ASAS40-Response Week 16	46%	23,9%
ASAS40-Response Week 52	30%	30,4%

Major Individual Variations in the Radiographic Progression in Patients with Ankylosing Spondylitis



N = 146 patients with AS who had never received anti-TNF therapy
Retrospective evaluation of a historical cohort

Early treatment with anti-TNFa is associated with better radiographic outcomes



AxSpA: a patient-based approach to diagnosis and treatment, with a specific focus on gender and the elderly

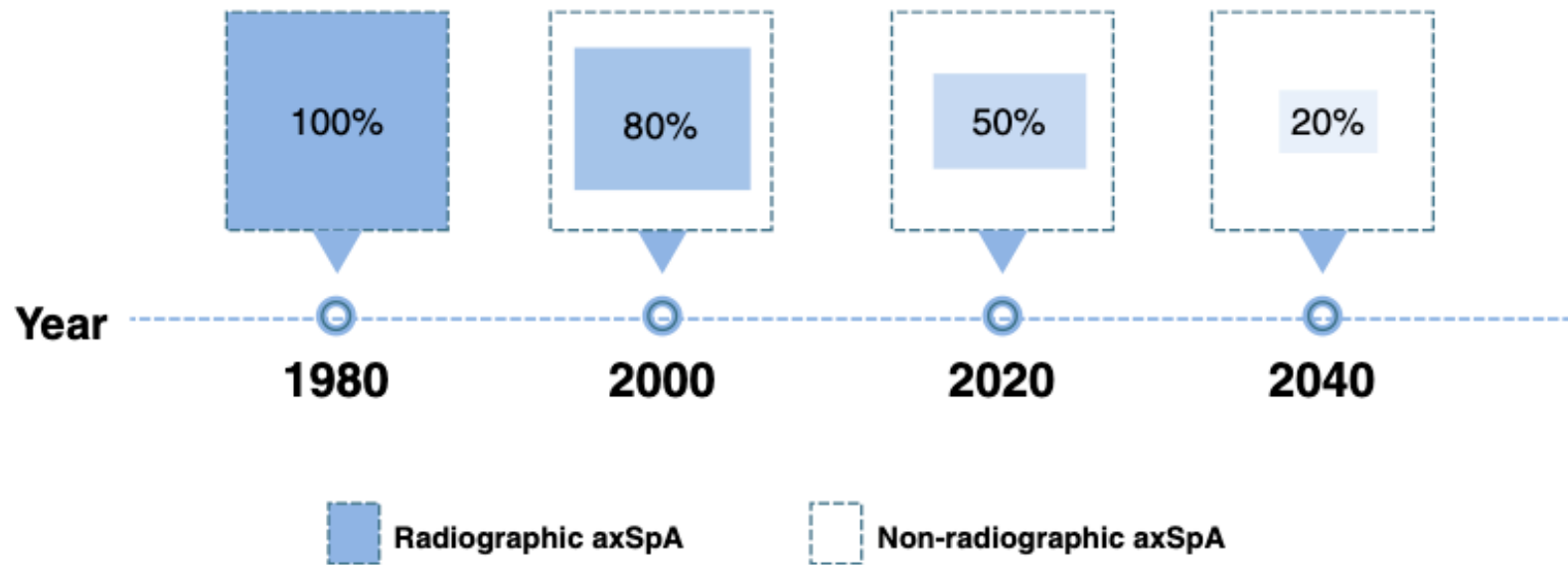


Figure 1 Distribution of axial spondyloarthritis subtypes over time. The graph represents an estimation of the prevalence ratio between non-radiographic and radiographic axial spondyloarthritis, showing the estimated percentage of patients with radiographic axial spondyloarthritis for each period at the time of diagnosis. Adapted from Benavent *et al.* Clin Rheumatol. 2021 Feb;40(2):501–512. axSpA, axial spondyloarthritis.